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**KEEP OUT OF REACH OF CHILDREN.**  
Store in a cool, dry place.

For More Information:  
1-888-462-2548

**SHOP NOW @ GNC.COM**

Distributed by:  
General Nutrition Corporation  
Pittsburgh, PA 15222 USA



**GNC**

## MEGA MEN® 50 Plus

More antioxidant power than ever and over 30 clinically studied ingredients in every formula – all in smaller, easier-to-swallow pills.

- ✔ **Men's Health**  
Contains a clinically studied men's multivitamin shown to work better than a basic multivitamin. ^ Helps support colon health.\*
- ✔ **Antioxidants**  
Packed with antioxidants to help protect against harmful free radicals that can destroy healthy cells and promote cell aging.\*
- ✔ **Heart Health**  
Includes vitamin B-6 and folic acid, which provide dietary support for your cardiovascular system.\*
- ✔ **Prostate & Circulatory Support**  
Features lycopene and saw palmetto to support prostate function, and L-arginine, which helps to maintain blood vessel tone and plays a key role in sexual health.\*

\* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

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## MEGA MEN® 50 Plus

Dietary Supplement

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## MEGA MEN® 50 Plus

Dietary Supplement

**CLINICALLY STUDIED MULTIVITAMIN\***

- Antioxidants
- Heart Health
- Prostate & Circulatory Support

Timed-Release  
60 CAPLETS



**CLINICALLY STUDIED\***

CODE 201612 DIRECTIONS: As a dietary supplement, take two caplets daily with food. JRG

### Supplement Facts

Serving Size Two Caplets  
Servings Per Container 30

Amount Per Serving	% Daily Value
Vitamin A (50% as beta-Carotene & 50% Retinyl Acetate).....	5000 IU.....100%
Vitamin C (as Ascorbic Acid & Calcium Ascorbate).....	300 mg.....500%
Vitamin D (as Cholecalciferol D-3).....	1600 IU.....400%
Vitamin E (as Natural d-alpha Tocopheryl Acetate).....	30 IU.....100%
Vitamin K (as Phytanadione).....	80 mcg.....100%
Thiamin (Vitamin B-1)(as Thiamin Mononitrate).....	50 mg.....3333%
Riboflavin (Vitamin B-2).....	50 mg.....2941%
Niacin (as Nicotinamide & Niacin).....	50 mg.....250%
Vitamin B-6 (as Pyridoxine Hydrochloride).....	50 mg.....2500%
Folic Acid.....	400 mcg.....100%
Vitamin B-12 (as Cyanocobalamin).....	50 mcg.....833%
Biotin.....	300 mcg.....100%
Pantothenic Acid (as Calcium d-Pantothenate).....	50 mg.....500%
Calcium (as Calcium Carbonate & Calcium Ascorbate).....	200 mg.....20%
Iodine (as Potassium Iodide).....	150 mcg.....100%
Magnesium (as Magnesium Oxide).....	100 mg.....25%
Zinc (as Zinc Oxide).....	25 mg.....167%
Selenium (as L-Selenomethionine).....	200 mcg.....286%
Copper (as Copper Sulfate).....	2 mg.....100%
Manganese (as Manganese Sulfate).....	2 mg.....100%
Chromium (as Chromium Chloride).....	120 mcg.....100%
Molybdenum (as Sodium Molybdate).....	75 mcg.....100%

Brain Health Blend	
Ginkgo Biloba Leaf Powder, Bacopa monnieri Leaf Extract, Phosphatidyl Serine.....	10 mg.....*
Choline (as Choline Bitartrate).....	10 mg.....*
Inositol.....	10 mg.....*
Grape Seed Extract (Vitis vinifera)(Standardized to Polyphenols).....	1 mg.....*
Prostate Health Blend	
Saw Palmetto Berries Extract (Serenoa repens), Nettle Leaf Powder (Urtica dioica).....	160 mg.....*
Pumpkin Seed Powder (Cucurbita pepo)	
L-Arginine.....	100 mg.....*
Silica (as Silicon Dioxide).....	4 mg.....*
Boron (as Sodium Borate).....	2 mg.....*
Resveratrol.....	1 mg.....*
Vanadium (as Sodium Methylvanadate).....	10 mcg.....*
Super Antioxidant Blend	
alpha-Lipoic Acid.....	25 mg.....*
Lutemax® 2020 Lutein.....	2 mg.....*
Lycopene.....	1 mg.....*
Turmeric Root Extract (CurcuWIN™)(Curcuma longa).....	500 mcg.....*
(Standardized to Curcuminoids)	
Zeaxanthin (as Zeaxanthin Isomers).....	400 mcg.....*
Astaxanthin (from Haematococcus pluvialis).....	50 mcg.....*
beta-Cryptoxanthin.....	10 mcg.....*

\* Daily Value not established.

**Other Ingredients:** Cellulose, Stearic Acid Vegetable Source, Titanium Dioxide (Natural Mineral Whitener), Natural Vanilla Mint Flavor, Talc, Caramel Color, Stevia Leaf Extract.

**CONTAINS: Fish and Soybeans.**

**WARNING:** Consult your physician prior to using this product if you are pregnant, nursing, taking medication, or have a medical condition. Discontinue use two weeks prior to surgery. Conforms to USP <2091>- for weight.

No Artificial Colors, No Artificial Flavors, No Wheat, Gluten Free, No Dairy, Yeast Free.

#### OUR QUALITY COMMITMENT TO YOU

Since 1935, our mission as the industry leader has been to provide you with the highest-quality nutritional supplements. We continue to stand behind this mission. If you're not 100% satisfied with your purchase, return the unused portion of the product with your receipt within 30 days and we'll either refund your money or find you a replacement product that is right for you.



Please recycle this box.

200 cc H HDPE Carton CRC cap  
2.5" x 2.5" x 4.5"

PM201612

PRODUCT NAME = 25 PT  
DIETARY SUPPLEMENT = 7 PT  
CLINICALLY STUDIED = 8.25 PT  
CLAIMS = 9.5 PT  
PILL COUNT = 8 PT

**GNC**  
LIVE WELL

300 Sixth Avenue #2  
Pittsburgh, PA 15222

Round: RELEASE - AP

Revise Date: 11/16/16

File name: 201612\_2798xx\_MegaMen50Plus\_Carton.eps

Application: Adobe Illustrator CC

Color Palette

3 Spot Colors + 1 Foil

PMS 186	Black	Crown 270
PMS 4515		

Contact: Jeff Scott at GNC, 412.338.8918  
or Email: jeffrey-scott@gnc-hq.com

Supplier is responsible for checking files for accuracy in:

- measurements
- print tolerance requirements
- registration
- construction of artwork

\* Changes made to suit production requirements must be approved by GNC.

\* Proofs and copy changes must be sent to GNCPackaging@gnc-hq.com for review.

Artwork is set up at 100%

COLORS ARE COMPUTER SIMULATED AND ARE NOT FOR COLOR MATCHING.

Varnishes/Coatings may not be included in color palette specifications. Refer to print specifications.