



PROTEIN ALMONDS

DARK CHOCOLATE PEANUT BUTTER FLAVOR
No artificial flavors or colors



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10G | **1G**
PROTEIN | SUGAR

12 - 1.5 OZ (43 G) PACKETS /
NET WT 1.13 LB (516 G)

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See nutrition panel for fat and sat fat content based on USDA data



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Chocolate coated almonds just got better! ON protein almonds have 2x the protein of regular coated almonds. Delectably dipped in a whey enriched confection coating and dusted with cocoa, each sleeve provides 10 grams of protein to support your nutrition goals. Taste a new, delicious way to get your protein!

Per 1.5 oz, regular coated almonds have 4 g of protein and ON Protein Almonds have 10 g.
*Based on USDA data

Store in a cool, dry place.

SUGGESTED USE: For healthy adults, consume enough protein to meet your daily protein requirements with a combination of high protein foods and protein supplements throughout the day as part of a balanced diet and exercise program.

Nutrition Facts

12 servings per container
Serving size 1 Packet (43g)

Calories 230

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for a general nutrition advice.

Amount/Serving	% Daily Value*	Amount/Serving	% Daily Value*
Total Fat 16g	21%	Total Sugars 1g	
Saturated Fat 7g	35%	Sugar Alcohol 10g	
Polyunsaturated Fat 2.5g		Protein 10g	16%
Monounsaturated Fat 7g		Calcium 90mg	6%
Sodium 105mg	5%	Iron 0.9mg	6%
Total Carbohydrate 14g	5%	Potassium 180mg	4%
Dietary Fiber 3g	11%	Vitamin E 3.6mg	25%

Not a significant source of trans fat, cholesterol, added sugars and vitamin D.

INGREDIENTS: Peanut Coating (Maltitol, Palm Kernel Oil, Milk Protein Isolate, Peanut Flour, Peanuts, Nonfat Dry Milk, Soy Lecithin, Salt, Natural Flavor), Roasted Almonds (Almonds, Sunflower Oil, Salt), Whey Protein Isolate, Lowfat Cocoa (Processed with Alkali), Peanut Flour, Natural Flavor, Soy Lecithin.

CONTAINS: MILK, PEANUT, SOY, TREE NUTS (ALMOND). MAY CONTAIN OTHER TREE NUTS, EGG AND WHEAT.

MANUFACTURED FOR OPTIMUM NUTRITION, INC. 3500 Lacey Road, Suite 1200 Downers Grove, IL 60515 1 (800) 705-5226



MANUFACTURED IN THE USA
This product contains ingredients of international and domestic origin
TRUE STRENGTH
WWW.OPTIMUMNUTRITION.COM

