



GRENADE® CARB KILLA®:

A HIGH PROTEIN***, TRIPLE LAYERED, CHOCOLATE CREAM FLAVORED BAR WITH 23g OF PROTEIN. WITH 1g OF IMPACT CARBS**, CARB KILLA IS A CONVENIENT WAY TO CONSUME ADDITIONAL PROTEIN BETWEEN MEALS WITHOUT ADDING UNWANTED CARBS.

THIS INFORMED-CHOICE PRODUCT HAS UNDERGONE STRINGENT TESTING TO ENSURE IT IS SAFE FOR USE BY MILITARY PERSONNEL AND PROFESSIONAL ATHLETES.

• **HIGH PROTEIN*** BAR - 23g PROTEIN PER BAR**

• **ONLY 1g OF IMPACT CARBS** PER BAR**

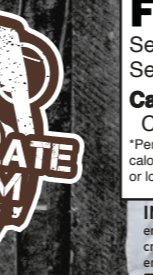
• **ONLY 1g OF SUGARS PER BAR**

** IMPACT CARBS DEFINED AS SUGARS

*** PROTEIN CONTRIBUTES TO THE GROWTH AND MAINTENANCE OF MUSCLE MASS



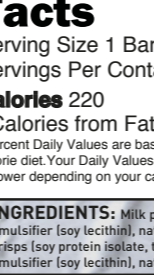
GRENADE® CARB KILLA



12-2.12oz Bars (NET WT. 25.44oz)

HIGH PROTEIN BAR WITH A CHOCOLATE CREAM FLAVORED CENTER, COATED IN CHOCOLATE WITH MILK AND SWEETENER

FOR BEST BEFORE DATE, SEE REVERSE



Nutrition Facts

Serving Size 1 Bar (60g)
Servings Per Container 12

Calories 220
Calories from Fat 70

*Percent Daily Values are based on a 2,000 calorie diet. Your Daily Values may be higher or lower depending on your calorie needs.

INGREDIENTS: Milk protein (calcium caseinate, milk protein isolate, whey protein isolate), Chocolate (maltitol, cocoa butter, whole milk powder, cocoa mass, emulsifier (soy lecithin), natural and artificial flavors), polydextrose, gelatin hydrolysate, glycerol, soy crisp (soy protein isolate, fat reduced cocoa, tapioca starch), soy crisps (soy protein isolate, tapioca starch, salt), cocoa butter, soy oil, palm fat, xylitol, sucralose, skimmed milk powder, fat reduced cocoa, cream powder, salt, emulsifier (soy lecithin), natural flavors.

ALLERGENS; MILK, SOY MANUFACTURED IN A FACILITY THAT ALSO PROCESSES GLUTEN, TREE NUTS, PEANUTS, WHEAT AND EGGS.

GRENADE® CARB KILLA® SHOULD BE CONSUMED AS PART OF A BALANCED DIET. PRODUCT CONTAINS MORE THAN 10g/100g POLYOLS: EXCESSIVE CONSUMPTION MAY CAUSE LAXATIVE EFFECTS

Amount Per Serving	% Daily Value*
Total Fat 8g	12%
Saturated Fat 4g	20%
Trans Fat 0g	
Cholesterol 10mg	3%
Sodium 170mg	7%
Potassium 70mg	2%
Vitamin A 0%	Vitamin C 0%

Amount Per Serving	% Daily Value*
Total Carbohydrate 20g	7%
Dietary Fiber 7g	28%
Sugars 1g	
Sugar Alcohol 11g	
Protein 23g	46%
Calcium 15%	Iron 4%

STORAGE CONDITIONS:
STORE AT A TEMPERATURE RANGE OF 60° TO 72°F, AWAY FROM DIRECT SUNLIGHT, EXTREMES OF HEAT CHANGE, ODOR & HUMIDITY.

GRENADE® IS MANUFACTURED AND PACKAGED TO THE HIGHEST STANDARDS ON BEHALF OF GRENADE® USA, LLC.

DISTRIBUTED BY:
GRENADE® USA, LLC
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CONTENTS MADE IN THE NETHERLANDS

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Note for tested athletes: This version is registered with the Informed-Choice program and therefore suitable for use by drug tested athletes and military personnel.
www.informed-choice.org

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