

KetoLogic® Meal Replacement is a convenient fuel source for those on a low-carb or ketogenic diet.

Fuel Your Best™ with 4 easy steps!

1. Replace one meal with a **KetoLogic® Meal Replacement**.
2. Eat two **low-carb** meals.
3. Drink 1-2 servings of **KetoLogic® BHB**.
4. Get moving!



KetoLogic® Meal Replacement is anchored with Coconut Oil and Medium Chain Triglycerides (MCTs), which the body converts to ketones. Ketones are a superior fuel that are efficiently used by muscles and the brain, generating more energy (ATP) per unit of oxygen consumed than carbs or protein.

Fuel Your Best™ with **KetoLogic® Meal Replacement**.

RECOMMENDED USE: Mix 2 scoops with 8 - 12 oz. of water (adjust for taste preference). Shake well and consume slowly.

NOTE: Foods high in MCTs may cause gastrointestinal (GI) discomfort. Begin by taking 1/2 scoop until personal tolerance is reached.

For best results, use with a low-carb or ketogenic diet and an exercise program.

STORE IN A COOL DRY PLACE

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KETOLOGIC®
FUEL YOUR BEST™

KETO MEAL

NO ARTIFICIAL
SWEETENERS OR FLAVORS

Gluten-Free

CHOCOLATE

POWDER | NATURAL FLAVORS

20 SERVINGS | NET WT 31.0 OZ (880G)

NEW and IMPROVED
formula



TASTES GREAT



Nutrition Facts

Servings Per Container: 20

Serving Size: 2 Scoops (44g)

Amount Per Serving
Calories 250

% Daily Value*

Total Fat 19g 24%

Saturated Fat 17g 85%

Trans Fat 0g

Cholesterol 20mg 7%

Sodium 380mg 17%

Total Carbohydrate 11g 4%

Dietary Fiber 4g 14%

Total Sugars 1g

Includes 0g Added Sugars 0%

Sugar Alcohols 3.5g

Protein 10g

Vitamin D 5mcg 26%

Calcium 90mg 7%

Iron 0mg 0%

Potassium 170mg 4%

Vitamin A 230mcg 26%

Vitamin C 21mg 24%

Vitamin E 3mg 17%

Thiamin 0.3mg 28%

Riboflavin 0.4mg 33%

Niacin 4mg 27%

Vitamin B₆ 0.4mg 25%

Folate 38mcg DFE 10%

Folic Acid 63mcg

Vitamin B₁₂ 0.8mcg 32%

Biotin 8mcg 26%

Pantothenic Acid 1.7mg 34%

Phosphorus 43mg 3%

Iodine 43mcg 28%

Magnesium 130mg 31%

Zinc 3.4mg 31%

Copper 0.3mg 28%

Chloride 380mg 17%

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Calories per gram: Fat 9 • Carbohydrate 4 • Protein 4

Ingredients: Coconut Oil Creamer (Coconut Oil, Soluble Corn Fiber, Sodium Caseinate, Sunflower Lecithin, Silicon Dioxide), Whey Protein Concentrate (Whey Protein, Sunflower Lecithin), Dutch Process Cocoa, Erythritol, MCT Oil Creamer (Medium Chain Triglycerides, Nonfat Dry Milk, Disodium Phosphate, Silicon Dioxide), Natural Flavors, Sea Salt, Magnesium Oxide, Calcium Carbonate, Steviol Glycosides (Stevia rebaudiana), Cellulose Gum, Xanthan Gum, Carrageenan, Ascorbic Acid, d-Alpha-tocopherol Acetate, Copper Gluconate, Niacinamide, Zinc Oxide, Cholecalciferol, Lactase, Calcium Pantothenate, Biotin, Vitamin A Acetate, Potassium Iodide, Pyridoxine HCL, Thiamine Mononitrate, Riboflavin, Folic Acid, Cyanocobalamin.

CONTAINS: MILK and COCONUT

Allergen Warning: Manufactured on equipment which processes products containing milk, eggs, soybeans, wheat, shellfish, fish oil, tree nuts, and peanut flavor.

KetoLogic.com

Manufactured for KetoLogic, 1452 Industry Drive, Burlington, NC 27215

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*Net Carbs = Total Carbs - Fiber - Sugar Alcohols

19g*
FAT

10g*
PROTEIN

3.5g**
NET CARBS

*PER SERVING