

**SUGGESTED USE:** As a dietary supplement, mix 1 scoop of PMD's ACG3® SUPER-CHARGED+ with 4-6 fl. oz. of cold water 30-45 minutes before workout. Follow this regimen for the first week of use. If necessary, on week two increase to 1 and a half scoops prior to workout. The optimal dose will vary by individual between 1-2 scoops. Do not exceed recommended dose. **Do not exceed 2 scoops in any 24 hour period.** Exceeding the recommended amounts or not following directions may lead to unwanted effects. Consume a minimum 125 fl. oz. of water per day while taking this product. *To be used as part of a physical conditioning program.* Contents may settle after shipping. Moisture and humidity can cause clumping and discoloration. Discard after expiration date. **STORE IN A COOL, DRY PLACE AND AVOID EXCESSIVE HEAT.**

**WARNING: KEEP OUT OF REACH OF CHILDREN.** For use by Healthy Individuals only. Not for use by those under the age of 18. Do not exceed recommended dose. Do not use if you are pregnant or nursing. Before consuming seek advice from a health care professional if you are unaware of your current health condition. Contains caffeine. Do not consume caffeine from other sources, including but not limited to, coffee, tea, soda and other dietary supplements or medications containing caffeine. Consult with your physician prior to use if you are taking medication, including but not limited to MAOI inhibitors, antidepressants, aspirin, nonsteroidal anti-inflammatory drugs or products containing phylephrine, ephedrine, pseudoephedrine, or other stimulants. Consult your physician prior to use if you have a medical condition, including but not limited to, heart, liver, kidney, or thyroid disease, psychiatric or epileptic disorders, difficulty urinating, diabetes, high or low blood pressure, cardiac arrhythmia, recurrent headaches, enlarged prostate or glaucoma. Do not use if you are prone to dehydration or exposed to excessive heat. Do not use if you suffer from the rare genetic disorder, Hyper Beta-Alaninemia. This product contains beta-alanine which may cause a tingling skin sensation in some individuals. **WARNING** for California residents only: This product contains a chemical known in the state of California to cause birth defects or other reproductive harm. Discontinue use 2 weeks prior to surgery or if you experience rapid heart beat, dizziness, severe headache or shortness of breath. Do not use if tamper resistant seal is broken.

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

60 SERVINGS

PMD

ACG3®  
**SUPERCHARGED+**

HIGH VOLTAGE PRE-WORKOUT

DIETARY SUPPLEMENT | NET WT. 13.2 OZ. (375 G)

CREATINE  
 MagnaPower®

CarnoSyn®  
 Carnosine Synthesizer

TEACRINE®

AstraGin®

GUMMY BEAR BLAST  
 Natural and Artificial Flavor

## Supplement Facts

Serving Size 1-2 scoops (6.25 g - 12.5 g) Servings Per Container 30-60 Servings

	Amount Per 2 Scoops	% DV**
Calories	10	
Total Carbohydrates	2 g	1%
Calcium	97 mg	7%
Sodium	20 mg	<1%

ACG3® SUPERCHARGED+ Blend: 9,775 mg (9.7 g) †

Magna-3 Complex: 3,000 mg (3.0 g) †  
 Creatine Citrate, Magnesium Creatine Chelate (Creatine MagnaPower®),  
 Creatine Alpha Ketoglutarate

Beta - PUMP Blend: 5,525 mg (5.5 g) †

Burn Complex: Beta Blend [Betaine Anhydrous, Beta-Alanine (CarnoSyn®)],  
 Taurine, L-Histidine  
 Pump Complex: [L-Arginine, L-Arginine Alpha Ketoglutarate 2:1], Glycerol Powder,  
 AstraGin® (from Panax Notoginseng and *Astragalus membranaceus*) (25 mg)

Neuro - Transmit Matrix: 825 mg †

Choline Complex [Choline Bitartrate (VitaCholine®), Alpha Glycerophosphocholine],  
 L-Tyrosine, Ashwagandha Extract (Root) *Withania somnifera* (KSM-66®),  
 L-Carnitine L-Tartrate, Licorice Root, *Ginkgo biloba*, Phosphatidyl Serine

G - Force Energy Blend: 425 mg †

Caffeine Anhydrous (325 mg), Theacrine (as TeaCrine®), Glucuronolactone, Yohimbe  
 Bark Extract (*Pausinystalia yohimbe*), Quercetin (QU995™), D-Ribose (Ribose®),  
 Amla (*Phyllanthus emblica*) (fruit) Extract, Theobromine (from Cocoa Beans),  
 Guarana (*Paullinia cupana*) Seed Extract, Green Tea (*Camellia sinensis*) Leaf Extract

\*\*Percent Daily Values (DV) are based on a 2,000 calorie diet.

†Daily Value (DV) not established.

Other Ingredients: Natural & Artificial Flavors, Calcium Silicate, Malic Acid, Maltodextrin,  
 Sucralose, Acesulfame Potassium, Waxy Maize, Salt, FD&C Red 40, FD&C Yellow 6.

CONTAINS MILK and SOY. FREE OF GLUTEN, LACTOSE, PRESERVATIVES, ASPARTAME OR YEAST!

SUPPORT FOR

AMPED UP ENERGY AND FOCUS\*

MAXIMUM POWER OUTPUT\*

ELECTRIFYING MUSCLE PUMPS\*

ENHANCED ENDURANCE\*

SUPERCHARGED PERFORMANCE\*

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 and Product Questions: [PMDsports.com](http://PMDsports.com)

