

KEEP OUT OF REACH OF CHILDREN.
Store in a cool, dry place.
For More Information:
1-888-462-2548

SHOP NOW @ GNC.COM

Distributed by:
General Nutrition Corporation
Pittsburgh, PA 15222

* This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

GNC

WOMEN'S Hair, Skin & Nails Formula

Dietary Supplement

**SUPPORTS BEAUTY
FROM WITHIN***

- 3,000 mcg of Biotin
- Skin Support
- Antioxidants



PHYSICIAN
ENDORSED*

120 TABLETS

CODE 210222

Directions: As a dietary supplement, take two tablets daily with food.

AQG

Supplement Facts

Serving Size Two Tablets
Servings Per Container 60

Amount Per Serving	% Daily Value
Vitamin A	5000 IU 100%
(50% as beta-Carotene; 50% as Retinyl Acetate)	
Vitamin C (as Calcium Ascorbate).....	120 mg 200%
Vitamin D (as Cholecalciferol D-3).....	200 IU 50%
Vitamin E	30 IU 100%
(as Natural d-alpha Tocopheryl Acetate)	
Thiamin (Vitamin B-1)(as Thiamin Mononitrate).....	1.5 mg 100%
Riboflavin (Vitamin B-2)	1.7 mg 100%
Niacin (as Niacinamide)	20 mg 100%
Folic Acid.....	200 mcg 50%
Biotin.....	3000 mcg 1000%
Pantothenic Acid (as Calcium d-Pantothenate) ...	13.5 mg 135%
Calcium (as Calcium Carbonate)	200 mg 20%

Amount Per Serving	% Daily Value
Phosphorus (as Dicalcium Phosphate).....	100 mg 10%
Zinc (as Zinc Oxide)	15 mg 100%
L-Cysteine	200 mg *
MSM (Methylsulfonyl-methane)	100 mg *
Hydrolyzed Gelatin	100 mg *
L-Methionine	50 mg *
alpha-Lipoic Acid	10 mg *
DMAE (Dimethylaminoethanol).....	10 mg *
Green Tea Leaf Extract (<i>Camellia sinensis</i>)	10 mg *
Horsetail Rush Stems (<i>Equisetum arvense</i>)	3 mg *
Boron (as Boron Citrate).....	1 mg *
Pantethine	1.5 mg *
Lutemax 2020™ Lutein	500 mcg *
Zeaxanthin.....	100 mcg *

* Daily Value not established.

Other Ingredients: Cellulose, Stearic Acid Vegetable Source, Magnesium Stearate Vegetable Source, Titanium Dioxide (Natural Mineral Whitener), Natural Vanilla Flavor, Vegetable Acetoglycerides, Chlorophyllin, Sucralose.

CONTAINS: Fish and Soybeans.

WARNING: Consult your physician prior to using this product if you are pregnant, nursing, taking medication, or have a medical condition. Discontinue use two weeks prior to surgery.

No Artificial Colors, No Artificial Flavors, No Wheat, Gluten Free, No Dairy, Yeast Free.

Conforms to USP <2091> for weight. Meets USP <2040> disintegration.



Lutemax 2020™ is a trademark of OmniActive Health Technologies.

* This product is endorsed by the GNC Medical Advisory Board. This team of esteemed physicians utilizes their extensive medical knowledge and experience to aid in the creation of GNC premium products, helping you to achieve optimal health through comprehensive nutritional support so you can live your best life!



Lot No./Best By: