

DIRECTIONS: For kids ages 4 to 12 years old, chew one gummy per day. For 13 years and older, chew up to four gummies daily.

FOR BEST RESULTS, divide your daily amount of *Natural Vitality's Calm Gummies* into two servings, taken with or without food. During times of stress or heavy physical activity your body may need more magnesium. A good gauge of the optimal amount is when bowels are comfortably loose.

NOTE: Not recommended for children under four, due to choking hazard. For pregnant or lactating women, or if you have kidney problems, an obstructed bowel or are currently on medication, consult with your doctor.

Multi-award-winning *Natural Vitality's Calm*, developed by Peter Gillham, is the best-selling magnesium supplement in the natural products market, according to supermarket scanner reports. (SPINS 2017)

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Keep out of reach of children.

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NATURAL VITALITY



Raspberry-Lemon Flavor

NATURAL VITALITY'S

CALM
GUMMIES

The Anti-Stress Gummies

A RELAXING MAGNESIUM SUPPLEMENT*



120 Gummies • Net Wt 10.6 oz (300 g) • Dietary Supplement

Supplement Facts

Serving Size 1 Gummy 4 Gummies
Servings per Container 120 30

	Ages 4 through 12		Ages 13 and Above	
	Amount per Serving	% DV	Amount per Serving	% DV
Calories	4		15	
Total Carbohydrate	1.5 g	<1%*	6 g	2%*
Total Sugars	<1 g	†	3 g	†
Includes 0.8 g Added Sugar (per gummy)		<2%*	3 g	6%*
Magnesium (as magnesium citrate)	83 mg	20%*	330 mg	79%*

*Percent Daily Values (%DV) are based on a 2,000 calorie diet.

†Daily Value (DV) not established.

Other ingredients: Organic tapioca syrup, water, inulin, organic cane sugar, agar, organic locust bean gum, organic natural lemon flavor, organic natural raspberry flavor with other natural flavors, color (black carrot), citric acid.

Contains no dairy, egg, soy, wheat, preservatives or artificial color or flavor. Cruelty-free.

VEGAN • GLUTEN-FREE

Manufactured for NATURAL VITALITY
in Sunrise, FL 33323
Customer Service: 866-416-9216
www.naturalvitality.com



[Product No. 3984.0001] BPA-free bottle