



### MY GUARANTEE

My Omega JYM is among the highest quality fish oils available. Essential omega-3 fats have been shown to promote optimal circulatory health, brain function, weight management, and even promote muscle recovery & growth. Each serving contains the precise dose that I myself take every day to remain fit, lean and support my health. Omega JYM now makes it easy for you to do the same.



Jim Stoppani, PhD  
Owner - JYM Supplement Science

For questions regarding JYM products go to:  
[JYMSupplementScience.com](http://JYMSupplementScience.com) or  
@JimStoppani @DrJimStoppani

## GET ONE MONTH OF FREE ACCESS

TO HUNDREDS OF JIM'S WORKOUTS



SCAN THE CODE OR VISIT  
[JIMSTOPPANI.COM/JYM-TRIAL](http://JIMSTOPPANI.COM/JYM-TRIAL)



For more info on the JYM Supplement Science Lexicon and how it can help you optimize your results, go to [JYMSupplementScience.com](http://JYMSupplementScience.com).

OMEGA JOINT HEALTH | BRAIN POWER | CIRCULATORY SUPPORT\*

# JYM<sup>®</sup>

supplement science

1500mg | 1500mg | 300mg

DHA

EPA

DPA

## PREMIUM OMEGA-3 SUPPLEMENT\*

120 SOFTGELS, DIETARY SUPPLEMENT

### Supplement Facts

Serving Size: 2 Softgels

	Amount Per Serving	% Daily Value
Calories	20	
Calories From Fat	20	
Total Fat	2g	4%*
Total Fish Oil	2,000mg	†
Omega-3 Fatty Acids		
DHA - Docosahexaenoic acid (750mg)		
EPA - Eicosapentaenoic acid (750mg)		
DPA - Docosapentaenoic acid (150mg)		

\* Percent Daily Values are based on a 2,000 calorie diet.  
† Daily Value not established.

OTHER INGREDIENTS: Purified water.

ALLERGEN WARNING: (sardines, anchovies, mackerel, and menhaden).

### DIRECTIONS:

Take two softgels twice daily with meals.

### WARNINGS:

KEEP OUT OF REACH OF CHILDREN. Store at 15-30°C (59-86°F). Protect from heat, light and moisture. Do not purchase if seal is broken. Do not use if pregnant or nursing. Use only as directed. Consult your physician before using this or any other dietary supplement. This product contains chemicals known to the State of California to cause cancer, birth defects, or other reproductive harm.

DISTRIBUTED BY:  
PHD Fitness, 31366 Via Lomahe #112  
West Lake Village, CA 91382, USA | 1-888-850-3774



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\*THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE OR PREVENT ANY DISEASE.

This product was produced in a GMP-compliant facility. Good Manufacturing Practices, or GMPs, are a set of standards which ensure the purity and proper labeling of dietary supplements.