

Alpha Lipoic Acid is a coenzyme, and one of the most important antioxidants. It is referred to as the universal antioxidant because it is water and fat soluble, enabling it to function in both the membrane and aqueous parts of cells, to help fight cell damaging free radicals in the body. Alpha Lipoic Acid supports the regeneration of glutathione, one of the body's primary antioxidants, and helps to recycle glutathione, Vitamins C and E, and Coenzyme Q10. In addition, it supports healthy nerve function and helps to metabolize sugar in the body.\*

Carefully Manufactured by:  
Solgar, Inc., 500 Willow Tree Road  
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SOLGB79101 03D



# ALPHA LIPOIC ACID 600 MG

**ANTIOXIDANT SUPPORT\***

Non-GMO

GLUTEN, WHEAT & DAIRY FREE  
SUITABLE FOR VEGANS



50 TABLETS

DIETARY SUPPLEMENT

## Supplement Facts

Serving Size: 1 Tablet

Amount Per Serving

Alpha Lipoic Acid 600 mg\*\*

\*\*Daily Value not established

Other Ingredients: Microcrystalline Cellulose, Vegetable Cellulose, Vegetable Stearic Acid, Vegetable Magnesium Stearate, Silica, Vegetable Glycerin.

**FREE OF: Gluten, Wheat, Dairy, Soy, Yeast, Sugar, Sodium, Artificial Flavor, Sweetener, Preservatives and Color.**

**SUGGESTED USE:** As a dietary supplement for adults, take one (1) tablet daily, preferably with a meal or as directed by a healthcare practitioner.

If you are pregnant, nursing, taking any medication or have any medical condition, please consult your healthcare practitioner before taking any dietary supplement. Discontinue use and consult your healthcare practitioner if any adverse reactions occur. Keep out of reach of children. Store at room temperature. Do not use if outer bottle seal is missing or damaged in any way.

Solgar's KOF-K certification #K-1250

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

