

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.

No Artificial Colors, No Artificial Flavors, No Wheat, Gluten Free, No Dairy, Yeast Free, CurcuWIN™ and Lutemax® 2020 trademarks belong to OmniActive Health Technologies.

KEEP OUT OF REACH OF CHILDREN.

Store in a cool, dry place.

For More Information:
1-888-462-2548

SHOP NOW @ GNC.COM

Distributed by:
General Nutrition Corporation
Pittsburgh, PA 15222

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



**PHYSICIAN
ENDORSED***

♦ This product is endorsed by the GNC Medical Advisory Board. This team of esteemed physicians utilizes their extensive medical knowledge and experience to aid in the creation of GNC premium products, helping you to achieve optimal health through comprehensive nutritional support so you can live your best life!

GNC QUALITY COMMITMENT

For more than 79 years, GNC has been the leader in the development of superior nutritional supplements. Our products are produced using only fresh, high-quality ingredients and are manufactured under the strictest quality controls.

GNC GUARANTEE

If you are not 100% completely satisfied, return the unused portion of the product with your receipt to a GNC store within 30 days. Our trained sales staff will either refund your purchase price or, if you prefer, assist you in finding a replacement product to help you LIVE WELL.

GNC

**WOMEN'S
ULTRA MEGA®**



More antioxidant power than ever and over 30 clinically studied ingredients in every formula – all in smaller, easier-to-swallow pills.

- ✔ **Women's Health**
Contains a clinically studied women's multivitamin formula shown to work better than a basic multivitamin.† Helps to support bone health.*
- ✔ **Antioxidants**
Packed with antioxidants for cell protection and stress defense.*
- ✔ **Immune Support**
Supports immune health with 30% more absorption of key immune and stress defense nutrients.†
- ✔ **Beauty**
Includes biotin to support healthy hair, skin and nails, as well as ingredients to support skin hydration and elasticity.*

In a randomized, double-blind, placebo-controlled study of 112 healthy volunteers, subjects taking the GNC vitamin and mineral blends for six weeks experienced significant improvements in serum levels of certain key nutrients compared to a placebo and a leading multivitamin formula based upon multivariate statistical analyses of a group of B vitamins (thiamin, niacin, riboflavin, pantothenic acid, biotin, folic acid and vitamins B-6 and B-12) and key antioxidants and carotenoids (a group of beta-carotene, alpha-tocopherol, selenium, lutein and lycopene). Statistical improvements in SF-36 Vitality and Mental Health scores were also observed compared to placebo.

GNC

**WOMEN'S
ULTRA MEGA®**

Dietary Supplement

**NEW!
SMALLER
PILLS**

**WOMEN'S
ULTRA MEGA®**

Dietary Supplement

CLINICALLY STUDIED MULTIVITAMIN*

- Antioxidants
- Immune Support
- Beauty



**PHYSICIAN
ENDORSED***

Timed-Release
90 CAPLETS

CODE 202412 Directions: As a dietary supplement, take two caplets daily with food. A0G

Supplement Facts

Serving Size Two Caplets
Servings Per Container 45

| Amount Per Serving | % Daily Value |
|--|--------------------|
| Vitamin A (50% as beta-Carotene & 50% Retinyl Acetate)..... | 5000 IU 100% |
| Vitamin C (as Ascorbic Acid & Calcium Ascorbate)..... | 200 mg 333% |
| Vitamin D (as Cholecalciferol D-3)..... | 1600 IU 400% |
| Vitamin E (as Natural d-alpha Tocopheryl Acetate)..... | 30 IU 100% |
| Vitamin K (as Phytonadione)..... | 80 mcg 100% |
| Thiamin (Vitamin B-1)(as Thiamin Mononitrate)..... | 50 mg 3333% |
| Riboflavin (Vitamin B-2)..... | 50 mg 2944% |
| Niacin (as Nicotinamide & Niacin)..... | 50 mg 250% |
| Vitamin B-6 (as Pyridoxine Hydrochloride)..... | 50 mg 2500% |
| Folic Acid..... | 400 mcg 100% |
| Vitamin B-12 (as Cyanocobalamin)..... | 50 mcg 833% |
| Biotin..... | 300 mcg 100% |
| Pantothenic Acid (as Calcium D-Pantothenate)..... | 50 mg 500% |
| Calcium (as Calcium Carbonate & Calcium Ascorbate)..... | 500 mg 50% |
| Iron (as Ferrous Sulfate)..... | 18 mg 100% |
| Iodine (as Potassium Iodide)..... | 150 mcg 100% |
| Magnesium (as Magnesium Oxide)..... | 50 mg 13% |
| Zinc (as Zinc Oxide)..... | 15 mg 100% |
| Selenium (as L-Selenomethionine)..... | 200 mcg 288% |
| Copper (as Copper Sulfate)..... | 2 mg 100% |
| Manganese (as Manganese Sulfate)..... | 2 mg 100% |
| Chromium (as Chromium Chloride)..... | 120 mcg 100% |
| Molybdenum (as Sodium Molybdate)..... | 75 mcg 100% |
| Super Antioxidant Blend | |
| alpha-Lipoic Acid..... | 25 mg * |
| Lutemax® 2020 Lutein..... | 2 mg * |
| Lycopene..... | 1 mg * |
| Turmeric Root Extract (CurcuWIN™)(Curcuma longa)..... | 500 mcg * |
| (Standardized to Curcuminoids) | |
| Zeaxanthin (as Zeaxanthin Isomers)..... | 400 mcg * |
| Astaxanthin (from Haematococcus pluvialis)..... | 50 mcg * |
| beta-Cryptoxanthin..... | 15 mcg * |
| Fruit & Vegetable Blend | |
| Orange Peel Powder, Spinach Leaf Powder, Elderberry Fruit Powder, Acai Fruit Powder, Blueberry Pomace Powder, Cranberry Fruit Powder, Pomegranate Fruit Powder, Broccoli Powder, Tomato Powder, Grape Skin Powder, Carrot Powder, Papaya Fruit Powder, Pineapple Fruit Powder, Cauliflower Powder, Kale Leaf Powder, Apple Fruit Powder, Kiwi Fruit Powder | |
| Beauty Blend | |
| Green Tea Leaf Extract (Camellia sinensis)(Standardized to Polyphenols)..... | 14 mg * |
| Silica (as Silicon Dioxide)..... | 4 mg * |
| Hyaluronic Acid (as Sodium Hyaluronate)..... | 1 mg * |
| Grape Seed Extract (Vitis vinifera)(Standardized to Polyphenols)..... | 1 mg * |
| Brain Health Blend | |
| Choline (as Choline Bitartrate)..... | 10 mg * |
| Inositol..... | 10 mg * |
| Boron (as Sodium Borate)..... | 2 mg * |
| GABA (gamma-Aminobutyric Acid)..... | 1 mg * |
| Vanadium (as Sodium Metavanadate)..... | 10 mcg * |

* Daily Value not established.
Other Ingredients: Cellulose, Stearic Acid Vegetable Source, Magnesium Stearate Vegetable Source, Titanium Dioxide (Natural Mineral Whitener), Natural Vanilla Mint Flavor, Talc, Chlorophyll, Stevia Leaf Extract.
CONTAINS: Fish and Soybeans.
WARNING: Consult your physician prior to using this product if you are pregnant, nursing, taking medication, or have a medical condition. Discontinue use two weeks prior to surgery. Conforms to USP <2091> for weight.



Please recycle this box.

**200 cc H HDPE Carton CRC cap
2.5" x 2.5" x 4.5"**

**PRODUCT NAME = 19.5 PT
DIETARY SUPPLEMENT = 6.5 PT
FOR SUPPORT OF COMMON = 7 PT
CLAIMS = 7.5 PT
PILL COUNT = 6.5 PT**

PM202412

**Printer: Please supply contract proof to
Design Services @ Brunner**

BRUNNER

Advertising for a Smarter, Faster World™

Client: GNC

Round: Release - JL

Revise Date: 04/02/15

File name:

202412_2787xx_WomensUltraMega90_Carton.eps

Application: Adobe Illustrator CS6

Artwork is set up at 100%

Color Palette

3 spot, 4 c/p

| | | |
|---------|-------|---------|
| PMS 186 | Black | Yellow |
| PMS 425 | Cyan | Magenta |
| PMS 225 | | |

COLORS ARE COMPUTER SIMULATED AND ARE NOT FOR COLOR MATCHING. Varnishes/Coatings are not included in color palette specifications. Contact GNC directly.

**Contact: Jeff Scott at BRUNNER, 412.995.9580
or Email: jscott@brunnerworks.com**

Supplier is responsible for checking files for accuracy in:

- measurements
- print tolerance requirements
- registration
- construction of artwork

- * Changes made to suit production requirements must be approved by Brunner design Services.
- * Proofs and copy changes must also be submitted to Brunner Design Services for review.
- * All copy should be proofread by the client and legal requirements checked by counsel.