

V.7.660.0712US

**FOR THE PUREST MASS GAINS.™**

**TRUE-MASS® INGREDIENT HIGHLIGHTS:**

- Multi-Functional Protein and Carbohydrate Matrix
- BCAAs and other Essential and Non-Essential Amino Acids
- Collegiate Protein/Carb Ratio Compliant

Stack with NITRIX® 2.0, N.O.-XPLODE™ 2.0, CELLMASS® 2.0, and SYNTHA-6™ for maximum physique and performance impact.

**DESIGNED FOR:** Any individual who needs a calorie and nutrient-dense alternative or addition to regular foods to assist with gaining muscle mass.

**DIRECTIONS:** Mix 3 scoops with 16 oz. of cold water or any beverage of your choice. Drink 1 serving daily, or as needed to satisfy your protein or mass-gaining requirements. To increase your protein and calorie intake per serving and to achieve an amazing milkshake taste, use milk.

**NOTE:** Before consuming TRUE-MASS® seek advice from a physician if you are unaware of your current health condition, have any pre-existing medical condition, taking any medication, planning any medical procedure, contemplating pregnancy, pregnant or nursing. Reduce or discontinue use if any adverse reactions occur such as but not limited to gastrointestinal discomfort. TRUE-MASS® is only intended to be consumed by healthy adults 18 years of age and older. Keep out of reach of children and pets. Store in a dry place away from direct sunlight.

\*TRUE-MASS® contains 20 grams of naturally occurring essential amino acids, of which 10 grams are branched chain amino acids.

Contents sold by weight not volume.

This product has been distributed by a NSF Good Manufacturing Practices (GMP) Registered facility.



**ULTRA PREMIUM PROTEIN/CARB MATRIX**



**TRUE-MASS®**  
AN ULTRA PREMIUM MASS GAINER

**CALORIES PER SERVING 710 CALORIES**

**NATURALLY OCCURRING EAAs PER SERVING 20 GRAMS**

**NATURALLY OCCURRING BCAAs PER SERVING\* 10 GRAMS**

**VANILLA ICE CREAM**  
Naturally & Artificially Flavored

**CALORIE REPLACEMENT DRINK MIX**

**NUTRITION FACTS**

Serving Size 3 Rounded Scoops (165g)  
Servings Per Container about 16

Amount Per Serving		% Daily Value†
<b>Calories</b>	710	Calories From Fat 150
<b>Total Fat</b>	17g	<b>26%</b>
Saturated Fat	5g	<b>25%</b>
Trans Fat	0g	
<b>Cholesterol</b>	130mg	<b>43%</b>
<b>Sodium</b>	400mg	<b>17%</b>
<b>Potassium</b>	700mg	<b>20%</b>
<b>Total Carbohydrate</b>	90g	<b>30%</b>
Dietary Fiber	6g	<b>24%</b>
Sugars	14g	
<b>Protein</b>	50g	<b>100%</b>
Vitamin A	0%	Vitamin C 0%
Calcium	50%	Iron 4%
Phosphorus	40%	Magnesium 10%

†Percent Daily Values are based on a 2,000 calorie diet. Your Daily Values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Potassium		3,500mg	3,500mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g
Protein		50g	65g

**Ingredients:** Protein Matrix Consisting of (Whey Protein Concentrate, Calcium Caseinate, Milk Protein Isolate, Whey Protein Isolate, Micellar Casein, Hydrolyzed Whey Protein, Egg Whites, Glutamine Peptides), Maltodextrin, Sunflower Powder (Sunflower Oil, Corn Syrup Solids, Sodium Caseinate, Mono- & Di-Glycerides, Dipotassium Phosphate, Tricalcium Phosphate, Soy Lecithin, and Tocopherols), Natural & Artificial Flavors, Polydextrose, MCT Powder (Medium Chain Triglycerides, Non-Fat Dry Milk, Disodium Phosphate, and Silicon Dioxide), Lecithin, Cellulose Gum, Xanthan Gum, Guar Gum, Acacia (Gum Arabic), Acesulfame Potassium, Sucralose.

**ALLERGEN INFORMATION:**  
Contains Milk, Egg, Wheat and Soy (Lecithin) ingredients.

**Developed By & Manufactured Exclusively For: Bio-Engineered Supplements & Nutrition, Inc., Boca Raton, FL 33487 USA 877.673.3727**

**Allergen Warning:** Manufactured on equipment, which processes products containing milk, egg, soybeans, wheat, shellfish, fish oil, tree nuts, and peanut flavor.