

Evening Primrose Oil is one of the richest sources of the unsaturated fatty acid Gamma-Linolenic Acid (GLA) and helps to provide nutritional support for women with PMS. It also promotes healthy functioning of the skin, nervous system, and cardiovascular system. This formulation provides premium quality primrose oil, cold pressed without the use of chemical solvents.*

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Carefully Manufactured for:
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EVENING PRIMROSE OIL 500 MG

COLD PRESSED
SOURCE OF GLA

GLUTEN, WHEAT & DAIRY FREE

180 SOFTGELS

DIETARY SUPPLEMENT

Supplement Facts

Serving Size: 1 Softgel

Amount Per Serving	%DV	
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Calories	5	
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Calories from Fat	5	
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Total Fat	0.5 g	1%**
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Evening Primrose Oil (Seed)	500 mg	***
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providing:

Linoleic Acid	365 mg	***
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Gamma-Linolenic Acid	45 mg	***
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**Percent Daily Values (DV) are based on a 2,000 calorie diet

***Daily Value (DV) not established

Other Ingredients: Gelatin, Vegetable Glycerin.

SUGGESTED USE: As a dietary supplement for adults, take one (1) to three (3) softgels daily, preferably at mealtimes, or as directed by a healthcare practitioner.

FREE OF: Gluten, Wheat, Dairy, Soy, Yeast, Sugar, Sodium, Artificial Flavor, Sweetener, Preservatives and Color.

If you are pregnant, nursing, taking any medication or have a medical condition, please consult your healthcare practitioner before taking any dietary supplement. Keep out of reach of children. Store in a cool, dry place. Do not use if outer bottle seal is missing, torn or damaged in any way.

