

10g
protein

5g
fiber

new

iwonTM
organics

protein
puffs

plant-based

10g protein • 5g fiber

caramelized onion

caramelized onion



Nutrition Facts

8 servings per container
Serving size 1.50 oz (42g)

Amount per serving
Calories 181

% Daily Value*

Total Fat 9g 14%

Saturated Fat 1g 5%

Trans Fat 0g

Cholesterol 0mg 0%

Sodium 290mg 12%

Total Carbohydrate 20g 7%

Dietary Fiber 5g 20%

Total Sugars 1g

Includes 0g Added Sugars 0%

Protein 10g

Vitamin D 0mcg 0%

Calcium 42mg 3%

Iron 3mg 15%

Potassium 100mg 3%

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: Organic Pea Grits, Organic Rice Flour, Organic Pea Protein, Organic Sunflower Oil and/or Organic Safflower Oil, and Organic Caramelized Onion Seasoning (Organic Tapioca Maltodextrin, Organic Cane Sugar, Sea Salt, Organic Onion, Organic Yeast Extract, Lactic Acid, Organic Cayenne Chili Pepper, Citric Acid and no more than 2% Organic Sunflower Oil and Organic Rice Concentrate added as processing aids).

ALLERGENS: made in a facility that processes milk, tree nuts, wheat, soy, and sesame seeds.

distributed by i won nutrition, co.
corte madera, california 94925

certified organic by QAI



made in U.S.A.



we're on a mission to create great tasting, organic, protein snacks made from the finest, plant-based ingredients. snacks that are soy-free, gluten-free and have little to no sugar. snacks that leave you and your family guilt-free while snacking on the go.

to health and happiness,

mark samuel
proud dad and founder

i give back

we're passionate about giving back. we donate 5% of profits to youth organizations in our local communities.

#iwonfeeling



questions? contact us at
info@iwonorganics.com or 800.496.6154 | iwonorganics.com



SKU: 6359

