



Informed-Choice® is a quality assurance program that certifies that all nutritional supplements and/or ingredients that bear the Informed-Choice logo have been tested for banned substances by the world class sports anti-doping lab, LGC.

AMOUNTS PER SERVING  
**PROTEIN 52g**  
**CALORIES 1310**  
**CARBS 253g**  
**FAT 10g**  
**SUGAR 29g**  
**BCAAs 10.9g**  
**LEUCINE 5.2g**

# SUPER MASS GAINER IS FORMULATED FOR ONE THING: MASSIVE GAINS.

## TAKE THE GUESSWORK OUT OF CALORIE INTAKE.

Gaining muscle mass and size can be very challenging, especially when you have a fast metabolism or find it difficult to consume enough calories and protein during the day. Super Mass Gainer is a high-quality mass and size gainer that is loaded with enough protein, BCAAs, calories, and other nutrients to help even the hardest gainers pack on mass and size. Unlike many other mass gainers out there, Super Mass Gainer also tastes delicious and has amazing mixability!

Super Mass Gainer is a powerhouse combination of 10.9 grams of BCAAs with 5.2 grams of Leucine and 1 gram of Creatine Monohydrate. Super Mass Gainer also has a blend of vitamins and minerals to aid in balanced nutrition.

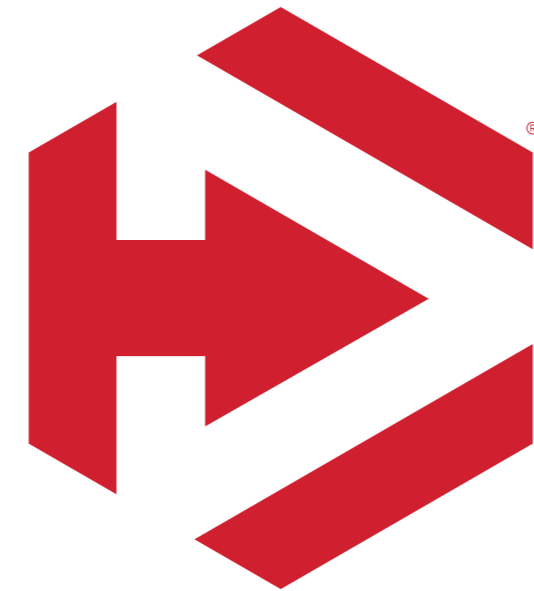
Available in a variety of delicious flavors, Super Mass Gainer is the perfect support for the most intense resistance training goals.

## RESEARCH AND DEVELOPMENT

Dymatize® protein formulas are based on the latest science and put to the test in university studies and at elite professional training facilities. Dymatize protein powders are always manufactured in GMP and Sport Certified facilities, meaning that all ingredients and final products are rigorously tested and validated clean and safe. They are banned substance tested for athlete's reassurance by Informed-Choice® (www.informed-choice.org).

Known worldwide for quality, taste and purity, Super Mass Gainer is made from high-quality ingredients and is produced to our highest quality standards.

GET  DYMATIZED™



Dymatize®

NET WT 6 LB (2.7 kg)

SOLD BY WEIGHT NOT VOLUME

**CALORIES 1310**  
**PROTEIN 52g**  
**BCAAs 10.9g**  
**LEUCINE 5.2g**

# SUPER MASS GAINER™

HIGH PROTEIN & CARB BLEND

DIETARY SUPPLEMENT

8 SERVINGS  
 BANNED SUBSTANCE TESTED • GLUTEN FREE

**COOKIES & CREAM**  
 naturally and artificially flavored

Notice: Use this product as a food supplement only. Do not use for weight reduction.



## Supplement Facts

Serving Size: 2½ Cups (341 g)  
 Servings Per Container: About 8

	With 24oz Water		With 32oz Whole Milk	
	Amount Per Serving	% Daily Value	Amount Per Serving	% Daily Value
<b>Calories</b>	1310		1900	
Calories from Fat	90		370	
<b>Total Fat</b>	10 g	15%*	42 g	65%*
Saturated Fat	2.5 g	13%*	21 g	105%*
<b>Cholesterol</b>	140 mg	47%	240 mg	80%
<b>Total Carbohydrate</b>	253 g	84%*	300 g	100%*
Dietary Fiber	<1 g	2%*	<1 g	2%*
Sugars	29 g	**	78 g	**
<b>Protein</b>	52 g	104%*	83 g	166%*
<b>Vitamin A</b>	3200 IU	64%	4700 IU	94%
<b>Vitamin C</b>	52 mg	87%	52 mg	87%
<b>Vitamin E</b>	21 IU	70%	21 IU	70%
<b>Thiamin</b>	0.6 mg	40%	1 mg	67%
<b>Riboflavin</b>	0.2 mg	12%	1.7 mg	100%
<b>Niacin</b>	15 mg	75%	15 mg	75%
<b>Vitamin B6</b>	1.5 mg	75%	1.8 mg	90%
<b>Folate</b>	340 mcg	85%	380 mcg	95%
<b>Vitamin B12</b>	1.8 mcg	30%	5.8 mcg	97%
<b>Pantothenic Acid</b>	8 mg	80%	11 mg	110%
<b>Calcium</b>	1100 mg	110%	2100 mg	210%
<b>Iron</b>	1.6 mg	9%	1.8 mg	10%
<b>Phosphorus</b>	700 mg	70%	1470 mg	147%
<b>Iodine</b>	150 mcg	100%	150 mcg	100%
<b>Magnesium</b>	75 mg	19%	165 mg	41%
<b>Sodium</b>	450 mg	19%	880 mg	37%
<b>Potassium</b>	690 mg	20%	1960 mg	56%
<b>Creatine Monohydrate</b>	1 g	**		

\* Percent Daily Values are based on a 2,000 calorie diet.  
 \*\* Daily Value not established.

**OTHER INGREDIENTS:** MALTODEXTRIN, PROTEIN BLEND (WHEY PROTEIN CONCENTRATE, MILK PROTEIN ISOLATE, WHEY PROTEIN ISOLATE, WHEY PROTEIN HYDROLYSATE, MICELLAR CASEIN), SUNFLOWER CREAMER (SUNFLOWER OIL, MALTODEXTRIN, SODIUM CASEINATE, MONO & DIGLYCERIDES, NATURAL TOCOPHEROLS AND TRICALCIUM PHOSPHATE), COOKIE PIECES (SUGAR, CORN CEREAL, CORN SYRUP, CORN STARCH, PALM OIL, COCOA [PROCESSED WITH ALKALI], TRICALCIUM PHOSPHATE), FRUCTOSE, NATURAL AND ARTIFICIAL FLAVORS, VITAMIN & MINERAL BLEND (TRICALCIUM PHOSPHATE [CALCIUM], SODIUM ASCORBATE [VITAMIN C], D-ALPHA TOCOPHERYL ACETATE [VITAMIN E], NIACINAMIDE [VITAMIN B3], RETINOL PALMITATE [VITAMIN A], CALCIUM-D-PANTOTHENATE [VITAMIN B5], POTASSIUM IODIDE [IODINE], FOLIC ACID [VITAMIN B9], MALTODEXTRIN, PYRIDOXINE HYDROCHLORIDE [VITAMIN B6], THIAMINE HYDROCHLORIDE [VITAMIN B1], RIBOFLAVIN [VITAMIN B2], CYANOCOBALAMIN [VITAMIN B12]), GUM BLEND (CELLULOSE GUM, XANTHAN GUM, CARRAGEENAN), POTASSIUM CHLORIDE, SOY LECITHIN, ACESULFAME POTASSIUM, SUCRALOSE, SUNFLOWER LECITHIN.

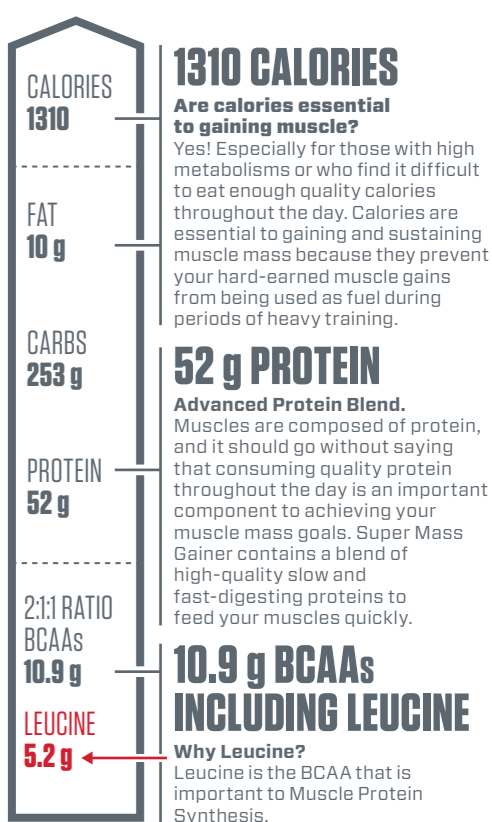
**CONTAINS: MILK & SOY**

Manufactured for and distributed by:  
 Dymatize Enterprises, LLC  
 Dallas, TX 75207 USA  
 (888) 334-5326



**DIRECTIONS:** Add 2½ cups of Super Mass Gainer to 24-32 oz. of water or 32 oz. of whole milk. Blend for 30-45 seconds. Add ice cubes, fruit or other ingredients as desired and blend for an additional 30-45 seconds.  
**Note:** Using milk will provide a thicker, creamier, higher-calorie shake.  
**Shaker-cup friendly** when using 1/2 serving or less. Shake for 30-45 seconds to allow for proper mixing.

# TOTAL MACROS & AMINO ACID INFORMATION PER SERVING

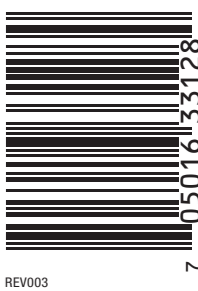


MADE IN THE USA FROM DOMESTIC AND INTERNATIONAL INGREDIENTS

STORE IN A COOL, DRY PLACE. KEEP OUT OF REACH OF CHILDREN.

CONSULT WITH A PHYSICIAN PRIOR TO USE IF YOU HAVE ANY MEDICAL CONDITIONS. DO NOT USE IF PREGNANT OR LACTATING. USE ONLY AS DIRECTED. KEEP OUT OF REACH OF CHILDREN.

**DYMATIZE.COM**



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