

**DYMATIZE**  
NUTRITION

# ISO•100<sup>®</sup>

**Hydrolyzed**  
**100% Whey Protein Isolate**

PROTEIN	BCAAs	LACTOSE	FAT	SUGARS*
<b>25</b>	<b>5.5</b>	<b>0</b>	<b>0.5</b>	<b>1</b>
GRAMS ✓	GRAMS ✓	GRAMS ✓	GRAMS ✓	GRAM ✓

**MILK CHOCOLATE**

NATURALLY & ARTIFICIALLY FLAVORED



NET WT 25.6 OZ (1.6 LBS) (726g)

PROTEIN  
POWDER

## Nutrition Facts

Serving Size: 1 Scoop (31g)  
Servings Per Container About 23

Amount Per Serving		%Daily Value*
<b>Calories</b> 110	Calories from Fat 5	
<b>Total Fat</b> 0.5 g		<b>1%</b>
Saturated Fat 0 g		<b>0%</b>
Trans Fat 0 g		
<b>Cholesterol</b> 5 mg		<b>2%</b>
<b>Sodium</b> 150 mg		<b>6%</b>
<b>Potassium</b> 280 mg		<b>8%</b>
<b>Total Carbohydrate</b> 2 g		<b>1%</b>
Dietary Fiber 1 g		<b>4%</b>
Sugars 1 g		
<b>Protein</b> 25 g		<b>50%</b>
Vitamin A 0%	Vitamin C 0%	
Calcium 15%	Iron 4%	

\*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories: 2,000	2,500
Total Fat	Less than 65g	80g
Saturated Fat	Less than 20g	25g
Cholesterol	Less than 300mg	300mg
Sodium	Less than 2,400mg	2,400mg
Total Carbohydrate	300g	375g
Dietary Fiber	25g	30g

Calories per gram:  
Fat 9 • Carbohydrate 4 • Protein 4

**INGREDIENTS:** Hydrolyzed Whey Protein Isolate, Whey Protein Isolate, Cocoa (Processed with Alkali), Natural and Artificial Flavors, Salt, Soy Lecithin, Potassium Chloride, Sucralose.  
Contains Milk & Soy.

Manufactured & Distributed by:  
**Dymatize Enterprises, LLC**  
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DYMATIZE.COM

## Take your performance to the next level with ISO•100.

You expect only the best from yourself and your nutrition. **DYMATIZE ISO•100** is one of the most advanced and effective proteins available and was developed to give you 100% of what you need to support muscle growth and achieve your ambitions.

**The Fastest-Acting Protein.** **ISO•100** provides 25 grams of super-fast absorbing 100% whey protein isolate and has been hydrolyzed for even faster absorption and digestion. It delivers quick amino acid replenishment which is perfect first thing in the morning or after intense training to speed your recovery. Each serving of **ISO•100** has 5.5 grams of BCAAs including 2.7 grams of L-Leucine, the BCAA that is directly involved in optimizing Muscle Protein Synthesis to ensure your workouts are not going to waste.

**The Highest Level of Purity.** **ISO•100** uses only whey proteins derived from cross-flow microfiltration processing (cold-filtered) to preserve the many important whey protein fractions including lactoferrin and immunoglobins, which can be lost in other forms of processing. We have carefully formulated **ISO•100** to deliver more of what you want, and less of what you don't want: free of gluten and lactose, and less than one gram of fat. With only a short list of ingredients, it is easy to see why **ISO•100** is one of the purest proteins available. In addition, **ISO•100** is Informed-Choice<sup>®</sup> Trusted by Sport certified providing assurance to the athletic community that **ISO•100** is free of banned substances.

**Delicious Taste.** Dymatize has taken flavor to a whole new level! Our in-house flavor specialists worked long and hard to create an even more delicious taste. **ISO•100**, the reward you deserve for all your hard work and dedication. So delightfully delicious, you will look forward to the next shake.

**YOUR AMBITION. OUR NUTRITION.™**

**DYMATIZE NUTRITION<sup>®</sup>**

**DIRECTIONS:** Add one scoop (included) to 5-6 oz. (150ml-180ml) of water, juice, or milk and mix thoroughly. For maximum results, use before and/or after workouts and at other strategic times daily.

Store in a cool, dry place. Keep out of reach of children.

## TYPICAL AMINO ACID PROFILE PER SERVING†

ESSENTIAL	
Leucine (BCAA)	2,767 mg
Isoleucine (BCAA)	1,418 mg
Valine (BCAA)	1,444 mg
Histidine	440 mg
Lysine	2,346 mg
Methionine	566 mg
Phenylalanine	774 mg
Threonine	1,714 mg
Tryptophan	413 mg

## CONDITIONALLY ESSENTIAL

Glutamine & Glutamic Acid	4,422 mg
Arginine	688 mg
Cysteine	522 mg
Glycine	455 mg
Tyrosine	691 mg

## NON-ESSENTIAL

Aspartic Acid	2,601 mg
Alanine	1,235 mg
Proline	1,445 mg
Serine	1,256 mg

† Naturally occurring ✓ per serving



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