



# ICON Meals

Not all snacks were created equal!  
Icon Meals Protein Popcorn is a delicious, high protein snack made from all natural air popped popcorn infused with high quality whey protein. Protein Popcorn delivers addicting taste and a powerful punch of protein that is sure to leave you feeling satisfied... or wanting more!



## ICON Meals

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[ICONMEALS.COM](http://ICONMEALS.COM)

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Manufactured in a facility that also produces tree nut and peanut products.

GLUTEN - FREE and NON GMO

## Nutrition Facts

4 serving per container  
**Serving size 1 cup (60g)**

Amount per serving  
**Calories 272**

	% Daily Value*
<b>Total Fat</b> 8g	<b>12%</b>
Saturated Fat 5g	<b>25%</b>
Trans Fat 0g	
<b>Cholesterol</b> 5mg	<b>2%</b>
<b>Sodium</b> 360mg	<b>15%</b>
<b>Total Carbohydrate</b> 40g	<b>14%</b>
Dietary Fiber 2g	<b>8%</b>
Total Sugars 24g	
Includes 0g Added Sugars	<b>0%</b>
<b>Protein</b> 10g	
Vitamin D	0%
Calcium	4%
Iron	8%
Potassium	0%

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Ingredients: Candied Popcorn (air popped popcorn, sugar, corn syrup solid, artificial flavoring(water, high fructose corn syrup, glycerine, sugar, modified food starch, sodium benzoate, potassium sorbate, carrageenan, xanthan gum, citric acid), salt, cream of tartar, caramel set (stearin, soy lecithin), Free and Easy (soybean oil, soybean lecithin), may contain one or more of the following: FD&C Red 3 (E127), Red 40 (E129), Yellow 5 (E102), Yellow 6 (E110), Blue 1 (E133) or Blue 2 (E132), Dark Chocolate (sugar, hydrogenated palm kernel oil, cocoa processed with alkali, nonfat dry milk, sorbitan monostearate, lactic acid esters of mono and diglycerides, with citric acid to help protect flavor, soy lecithin (an emulsifier) and artificial flavor), Whey Protein Isolate, Corn Oil.

Allergens: Contains Milk and Soy  
Product produced in facility and equipment that also produce tree nuts, Dairy and Soy.

