

MRE BAR

MEAL REPLACEMENT **REDCON1** 12 SERVINGS

MRE BAR

REAL WHOLE FOOD

12 BARS
28.36 OZ 804G

BLUEBERRY COBBLER



REAL WHOLE
FOOD SOURCES



MEAL
REPLACEMENT



20G OF
PROTEIN **20g**

Nutrition Facts

12 Servings Per Container
Serving Size 1 Bar (67g)

Amount per serving

Calories 260

% Daily Value*

Total Fat 9g 12%

Saturated Fat 5g 25%

Monounsaturated Fat 3g **

Polysaturated Fat 1g **

Trans Fat 0g **

Cholesterol 40mg 13%

Sodium 300mg 13%

Total Carbohydrate 29g 11%

Dietary Fiber 3g 11%

Sugar 6g **

Includes Added Sugar 5g 10%

Protein 20g 40%

Vitamin D 0.1mcg 0%

Calcium 290mg 20%

Iron 0.6mg 4%

Potassium 90mg 2%

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: Protein Blend (Beef Protein Isolate, Salmon Protein, Chicken Protein, Egg Albumin, Brown Rice Protein, Pea Protein), Gluten-Free Rolled Oats, Carbohydrate Blend (Dehydrated Yam, Dehydrated Sweet Potato, Pea Starch, Coconut Water Powder, Dehydrated Blueberries, Dehydrated Goji Berries, Maltodextrin, Dextrose, MCT Oil, Cellulose Gum, Cinnamon, Salt, Sucralose, Acesulfame-potassium), Soy Protein Isolate, Vegetable Oils (Palm, Palm Kernel, Soybean), Sugar, Vegetable Glycerin, Sorbitol, Water, Maltitol, Whey Protein (from coating), Peanuts, Brown Rice Flour, Chicory Root Fiber, Natural Flavors, Sunflower Lecithin, Corn Flour, Whey, Mono and Diglycerides, Soy Lecithin, Beta-Carotene, Vitamin A Palmitate, Sucralose, Potassium Sorbate, Corn Starch, Fruit and Vegetable Extracts and Almond.

Contains Milk, Soy, Almond, Peanut, Egg, Coconut and Salmon. Manufactured in a plant that processes Milk, Soy, Wheat, Treenut, Peanut, Egg and Fish.

MANUFACTURED FOR AND DISTRIBUTED BY: REDCON1 SUPPLEMENTS
TEL: 561-961-8349 1141 S ROGERS CIRCLE SUITE 3 BOCA RATON, FL 33487

