

## Nutrition Facts

Serving Size: 1 Scoop (29a) Servings Per Container 25

Amount Per Serving

Calories 110 Calories from Fat 0 %Daily Value\* Total Fat 0 g Saturated Fat 0 g Trans Fat 0 g Cholesterol 5 mg Sodium 90 ma Potassium 160 mg 5%

Total Carbohydrate 1 q Dietary Fiber 0 a Sugars 0 g

Protein 25 a

Vitamin A 0% · Vitamin C 0%

Calcium 15% • Iron 0%

\*Percent Daily Values are based on a 2,000 or lower depending on your calorie needs: Calories: 2 000 2 500

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|--------------------|-----------|---------|---------|
| Total Fat          | Less than | 65g     | 80g     |
| Saturated Fat      | Less than | 20g     | 25g     |
| Cholesterol        | Less than |         | 300mg   |
| Sodium             | Less than | 2,400mg | 2,400mg |
| Total Carbohydrate |           | 300g    | 375g    |
| Dietary Fiber      |           | 25g     | 30g     |
| Calories per gram: |           |         |         |

Fat 9 · Carbohydrate 4 · Protein 4

**INGREDIENTS:** Hydrolyzed Whey Protein Isolate, Whey Protein Isolate, Natural and Artificial Flavors, Soy Lecithin, Salt, Beet Root (For Color), Citric Acid, Malic Acid, Sucralose, Stevia Leaf Extract.

Contains Milk & Soy.

Manufactured & Distributed by:

Dymatize Enterprises, LLC Dallas, TX 75234 USA (888) 334-LEAN / (214) 445-4864 DYMATIZE.COM

## Take your performance to the next level with ISO•100.

You expect only the best from yourself and your nutrition. DYMATIZE ISO • 100 is one of the most advanced and effective proteins available and was developed to give you 100% of wha you need to support muscle growth and achieve your ambitions

The Fastest-Acting Protein. ISO • 100 provides 25 grams of super-fast absorbing 100% whey protein isolate and has bee hydrolyzed for even faster absorption and digestion. It deliver quick amino acid replenishment which is perfect first thing in the morning or after intense training to speed your recovery Each serving of ISO • 100 has 5.5 grams of BCAAs including 2. grams of L-Leucine, the BCAA that is directly involved i optimizing Muscle Protein Synthesis to ensure your workouts are not going to waste.

The Highest Level of Purity. ISO • 100 uses only whey proteins derived from cross-flow microfiltration processing (cold-filtered) to preserve the many important whey protein fractions including lactoferrin and immunoglobins, which can be lost in other forms of processing. We have carefully formulated ISO•100 to deliver more of what you want, and less of what you don't want: free of gluten, fat and lactose, and one gram of carbohydrates. With only a short list of ingredients, it is easy to see why ISO.100 is one of the purest proteins available. In addition, ISO•100 is Informed-Choice® Trusted by Sport certified providing assurance to the athletic community that ISO • 100 is free of banned substances.

Delicious Taste. Dymatize has taken flavor to a whole new level! Our in-house flavor specialists worked long and hard to create an even more delicious taste. ISO•100, the reward you deserve for † Naturally occurring all your hard work and dedication. So delightfully delicious, you will look forward to the next shake.

## YOUR AMBITION. OUR NUTRITION.™

## DYMATIZE NUTRITION®

DIRECTIONS: Add one scoop (included) to 5-6 oz. (150 ml-180 ml) of water, juice, or milk and mix thoroughly. For maximum results, use before and/or after workouts and at other strategic times daily

| ESSENTIAL         |          |  |  |
|-------------------|----------|--|--|
| Leucine (BCAA)    | 2,767 m  |  |  |
| Isoleucine (BCAA) | 1,418 m  |  |  |
| Valine (BCAA)     | 1,444 m  |  |  |
| Histidine         | 440 m    |  |  |
| Lysine            | 2,346 m  |  |  |
| Methionine        | 566 m    |  |  |
| Phenylalanine     | 774 m    |  |  |
| Threonine         | 1,714 m  |  |  |
| Tryptophan        | 413 m    |  |  |
| CONDITIONALLY E   | SSENTIAL |  |  |

TYPICAL AMINO ACID

**PROFILE** 

PER SERVING<sup>†</sup>

4.422 mg

522 mg

1,445 mg

✓ per serving





Store in a cool, dry place. Keep out of reach of children.