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Dr. Sinatra's most advanced heart health and healthy aging formula, **Omega Q Plus[®] MAX**, provides support for optimal heart and vascular health, blood flow, brain health, a healthy inflammatory response, cellular energy, and healthy aging.¹

UNCONDITIONALLY GUARANTEED for purity and labeled potency. To preserve quality and freshness, store bottle with cap tightly closed in a cool, dry place.

Precautions: Consult a health care practitioner if you are pregnant or nursing, have a serious medical condition, or use any medications.

Keep out of reach of children.

Crominex[®] 3+, Capros[®] and PrimaVie[®] are registered trademarks of Natreon, Inc.

CalaMarine[®] is a registered trademark of Pharma Marine AS.

CurcuWIN[®] is a registered trademark of OmniActive Health Technologies, Ltd.

Hydro Q-Sorb[®] is a registered trademark of Tishcon Corp.



¹These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



Dr. Sinatra



Dietary Supplement 60 Softgels

Doctor's Suggested Use: Take 2 softgels once daily with a meal. For added support, take 2 softgels twice daily with a meal.

Supplement Facts

Serving Size: 2 Softgels
Servings Per Container: 30

Amount Per Serving	% DV
Calories	20
Total Fat	1.5 g 2%*
Cholesterol	<5 mg 1%
Vitamin B6 (as pyridoxine HCl, pyridoxal-5-phosphate)	30 mg 1,765%
Folate	667 mcg DFE 167% (400 mcg folic acid)
Vitamin B12 (as cyanocobalamin)	750 mcg 31,250%
Chromium (as Crominex [®] 3+ chromium stabilized with Capros [®] standardized Amla Extract (fruit), PrimaVie [®] purified and standardized Shilajit)	400 mcg 1,143%
CalaMarine [®] Oil Concentrate (from squid)	1,250 mg †
DHA (docosahexaenoic acid)	350 mg †
EPA (eicosapentaenoic acid)	200 mg †
Turmeric Extract (rhizome)(CurcuWIN [®])	250 mg †
L-Carnitine Fumarate	174 mg †
Coenzyme Q10 (as ubiquinone)(Hydro Q-Sorb [®])	100 mg †
Trans Resveratrol	30 mg †

*Percent Daily Values are based on a 2,000 calorie diet. †Daily Value (DV) not established.

Other ingredients: Gelatin, gamma-cyclodextrin, glycerin, medium chain triglycerides, povidone, purified water, yellow beeswax, sunflower lecithin, mixed tocopherols (preservative), annatto (color) suspension in sunflower oil, hypromellose, mannitol, silica, lemon oil, microcrystalline cellulose, ascorbyl palmitate (preservative)

Distributed by Healthy Directions, Bethesda, MD 20817
www.healthydirections.com

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Expiration Date:

Lot No.