

# ALLULOSE\*\* IS NOT LIKE OTHER SUGARS!



## Nutrition Facts

Serving Size 1 Bar (60g)  
Servings Per Container 10

### Amount Per Serving

**Calories** 180    Calories from Fat 80

### % Daily Value\*

<b>Total Fat</b> 9g	<b>14%</b>
Saturated Fat 6g	<b>30%</b>
Trans Fat 0g	
<b>Cholesterol</b> 10mg	<b>3%</b>
<b>Sodium</b> 230mg	<b>10%</b>
<b>Potassium</b> 55mg	<b>2%</b>
<b>Total Carbohydrate</b> 29g	<b>10%</b>
Dietary Fiber 10g	<b>40%</b>
Sugars 12g	
Erythritol 4g	
<b>Protein</b> 16g	<b>32%</b>

Vitamin A 0%	Vitamin C 0%
Calcium 20%	Iron 2%
Phosphorus 10%	Magnesium 2%

\*Percent Daily Values are based on a 2,000 calorie diet

**INGREDIENTS:** Protein Blend (Milk Protein Isolate, Whey Protein Isolate), Soluble Corn Fiber (Prebiotic Fiber), Allulose\*\*, Palm Kernel Oil, Erythritol, Water, Butter, Almonds, Natural Flavors. Contains less than 2% of the following: Sea Salt, Baking Soda, Palm Oil, Cellulose Gum, Xanthan Gum, Carrageenan, Sucralose, Sunflower Lecithin.

**CONTAINS:** Almonds and Milk-Derived Ingredients.

\*\*Allulose is a "rare" sugar that is very different than "regular" sugar. It tastes like sugar but up to 100% of it passes through the body without being metabolized. It has almost zero calories (less than 0.4 calories/gram) and doesn't affect your body like "regular" sugar. Allulose is found in nature in many fruits and it's what makes Quest Beyond Cereal Bars taste great without the extra net carbs and calories.

To learn more, visit  
[www.questnutrition.com/Allulose](http://www.questnutrition.com/Allulose)

# QUEST HERO™

PROTEIN BAR



VANILLA  
CARAMEL  
FLAVOR

See nutrition information for saturated fat content

**16g** PROTEIN  
**10g** FIBER  
**4g** NET CARBS  
PER BAR



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# QUEST®

QUEST IS ON A MISSION TO MAKE FOODS THAT TASTE GREAT AND FIT YOUR MACROS. WE ARE CONSTANTLY STRIVING TO FIND THE BEST INGREDIENTS WITH NO NUTRITIONAL COMPROMISE. JOIN US IN OUR MISSION TO REVOLUTIONIZE THE WAY PEOPLE EAT AND HELP US TAKE THE WORLD #ONQUEST.

@QUESTNUTRITION

129g Carbs - 10g Fiber - 11g Allulose\*\* - 4g Erythritol = 4g Net Carbs

# QUEST HERO™

PROTEIN BAR

**16g** PROTEIN  
**10g** FIBER  
**4g** NET CARBS<sup>1</sup>

PER BAR

VANILLA  
CARAMEL  
FLAVOR

See nutrition information for saturated fat content

10 - 2.12 OZ (60g) bars  
NET WT 21.2 OZ (1.3 LB) 600g

NO GLUTEN  
CONTAINING  
INGREDIENTS