KETO FEAST™ VANILLA

Keto-Balanced Nutrition | Paleo-Friendly
21 Whole Food Fermented Vitamins & Minerals

Get your FEAST on with balanced nutrition and a masterfully-constructed combination of Ancient Superfoods geared to support a ketogenic diet and lifestyle! KetoFEAST™ from Ancient Nutrition™ is a delicious shake and meal replacement powered by an impressive list of nutrient-dense foods often missing from our modern diets, including: Bone Broth, Chia and Tiger Nuts; fermented herbs, mushrooms and spices; live probiotics, prebiotics and enzymes; nutrient-dense green foods and sprouts; coconut; coffee cherry; and apple cider vinegar.

- Healthy Weight Management Support
- Promotes Healthy Energy

20g FAT | 17g PROTEIN | 5g CARBS

POWERED BY BONE BROTH · KETO FRIENDLY · PALEO FRIENDLY · POWERED BY MCTs · FERMENTED HERBS · GRAIN FREE

ANCIENT NUTRITION

POWERED BY BONE BROTH

KETO FEAST

VANILLA

KETO FRIENDLY · PALEO FRIENDLY

KETOGENIC BALANCED SHAKE & MEAL REPLACEMENT
CONTAINS CAFFEINE FROM COFFEE CHERRY

NET WT. 25 OZ (1.57 LB) 710 G

Nutrition Facts

Serving Size 1 Heaping Scoop (47 g)
Servings Per Container Approximately 15

Amount Per Serving	
Calories 270	Calories from Fat 180
	% Daily Value*
Total Fat 20 g	**31%**
Saturated Fat 7 g	
Polyunsaturated Fat 5 g	
Monounsaturated Fat 8 g	
Trans Fat 0 g	
Cholesterol 105 mg	**35%**
Sodium 150 mg	**6%**
Potassium 360 mg	**10%**
Total Carbohydrate 5 g	**2%**
Dietary Fiber 2 g	**8%**
Sugars 1 g	
Protein 17 g	**34%**

Vitamin A	15%	Vitamin C	15%
Vitamin D	100%	Vitamin E	15%
Vitamin K	15%	Thiamin	20%
Riboflavin	20%	Niacin	20%
Vitamin B6	20%	Folate	20%
Vitamin B12	100%	Biotin	15%
Pantothenic Acid	20%	Calcium	6%
Iron	10%	Magnesium	4%
Zinc	15%	Selenium	15%
Manganese	20%	Chromium	50%
Molybdenum	20%		

*Percent Daily Values are based on a 2,000 calorie diet. Your Daily Values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65 g	80 g
Sat Fat	Less than	20 g	25 g
Cholesterol	Less than	300 mg	300 mg
Sodium	Less than	2,400 mg	2,400 mg
Total Carbohydrate	300 g	375 g	
Dietary Fiber	25 g	30 g	

Calories per gram:
Fat 9 • Carbohydrate 4 • Protein 4

INGREDIENTS:
Organic Chicken Bone Broth Oil, Chicken Bone Broth Protein Concentrate, Organic Chicken Protein Concentrate, Organic Egg Yolk, Organic Chia Seed Protein, Natural Vanilla Flavor, Medium Chain Triglycerides (coconut), Natural Maple Flavor, Ashwagandha Extract (root), Coconut Milk, Organic Tiger Nut, Stevia Extract (leaf), Organic Coffee Cherry Extract, *Bacillus coagulans* 1Billion cfu, Enzyme Blend (Cellulase Complex, Beta-glucanase, Amylase, Xylanase, Protease Complex, Glucoamylase, Phytase, Pectinase, Lipase Complex, Lactase, Alpha-galactosidase, Hemicellulase, Invertase), Fermented Herbal Blend (Organic Apple Cider Vinegar, Organic Ginger (rhizome), Organic Black Pepper (fruit), Organic Long Pepper (fruit), Organic Reishi Mushroom (mycelium)), Organic Alfalfa Grass Juice, Organic Oat Grass Juice, Monk Fruit Extract, Rosemary (leaf) Extract (to maintain freshness)

Suggested Use:
As a meal replacement, mix one heaping scoop (included) in 12 to 16 ounces of water, tea or coffee or in a smoothie or shake once per day, along with 1-2 balanced, healthy meals per day.

Manufactured for:
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Contains approximately 50 mg of caffeine per serving from Coffee Cherry

CAUTION: Consult your healthcare practitioner before using this product, especially if you are pregnant, nursing, or are otherwise under medical supervision. Store in a cool, dry place. Do not use if product has been opened or tampered with in any way. **Keep out of reach of children.** Packaged by weight not volume. Some settling may occur. Contains no filler ingredients, artificial flavors, colors, sweeteners or preservatives. Due to seasonality of ingredients, variations in color, taste and aroma may occur.