

KetoLogic® MCT Oil is a fast and high-quality source of sustained and steady energy. It's quickly absorbed by your body and converted into ketones, which fuel your brain and put your body in fat-burning mode. Adding high-quality fat to your diet can help suppress your appetite, curb cravings, and keep you satiated longer. Adding **KetoLogic® MCT Oil** to your daily regimen can help you maintain a healthy weight.

Recommended Use:

Take 1 tablespoon (15mL) daily as desired. Assess tolerance with 1 teaspoon for several days before increasing to full serving. Can be consumed by itself, used as a substitute for traditional oils, and added to beverages and foods. Not recommended for cooking due to low smoke point. For best results, use with a low-carb or ketogenic diet and an exercise program.

KETOLOGIC
FUEL YOUR BEST™



C8/C10
MCT OIL

promotes ketone production†

supports fat loss†

fuels mental focus†

ADD TO COFFEE, TEA,
SHAKES, SOUP, SALADS,
AND MORE!

UNFLAVORED

DIETARY SUPPLEMENT

NET WT 16 FL OZ (473mL)

NEW!

HIGH QUALITY



KETOLOGIC
FUEL YOUR BEST™



Supplement Facts

Serving Size: 1 Tablespoon (15mL)
Servings Per Container: About 32

	Amount Per Serving	% DV*
Calories	130	
Total Fat	14g	18%*
Saturated Fat	13g	65%*

Medium Chain Triglyceride Oil 14g †
(from coconut oil) providing:
Caprylic acid (C8) 8,200 mg
Capric acid (C10) 5,400 mg

† The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.
*Daily Value (DV) not established.

KetoLogic.com

Manufactured for KetoLogic
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† These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

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