

KEEP OUT OF REACH OF CHILDREN.  
Store in a cool, dry place.  
For More Information:  
1-888-462-2548

**SHOP NOW @ GNC.COM**

Distributed by:  
General Nutrition Corporation  
Pittsburgh, PA 15222 USA

\* This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

ACTUAL SIZE

**GNC**

# Women's Prenatal with DHA

SUPPORTS FETAL DEVELOPMENT, BONE HEALTH AND A MOTHER'S INCREASED BLOOD VOLUME\*

DIETARY SUPPLEMENT  
90 SOFTGELS

CODE 739712

Directions: As a dietary supplement, take three softgel capsules daily with food.

FSG

## Supplement Facts

Serving Size Three Softgel Capsules  
Servings Per Container 30

Amount Per Serving	% Daily Value†
Calories .....	20
Total Fat .....	2 g.....3%†
Vitamin A (as beta-Carotene).....	1350 mcg.....104%
Vitamin C (as Ascorbic Acid).....	120 mg.....100%
Vitamin D (as Cholecalciferol D-3).....	10 mcg (400 IU).....67%
Vitamin E (as dl-alpha Tocopheryl Acetate).....	15 mg.....79%
Thiamin (Vitamin B-1)(as Thiamin Mononitrate).....	1.4 mg.....100%
Riboflavin (Vitamin B-2).....	1.6 mg.....100%
Niacin (as Niacinamide).....	18 mg.....100%
Vitamin B-6 (as Pyridoxine Hydrochloride).....	10 mg.....500%
Folate .....	1,667 mcg DFE.....278%
(1000 mcg Folic Acid)	
Vitamin B-12 (as Cyanocobalamin) .....	8 mcg.....286%
Biotin.....	35 mcg.....100%
Pantothenic Acid (as Calcium d-Pantothenate) .....	7 mg.....100%
Choline (as Choline Bitartrate).....	0.55 mg.....0%
Calcium (as Calcium Carbonate).....	600 mg.....46%
Iron (as Ferrous Fumarate).....	18 mg.....67%
Iodine (as Potassium Iodide).....	290 mcg.....100%
Magnesium (as Magnesium Oxide).....	200 mg.....50%
Zinc (as Zinc Oxide).....	15 mg.....115%
Selenium (as Selenium Yeast).....	70 mcg.....100%
Copper (as Cupric Oxide).....	1.3 mg.....100%
Manganese (as Manganese Sulfate).....	2.6 mg.....100%
Chromium (as Chromium Chloride).....	45 mcg.....100%
DHA (Docosahexaenoic Acid).....	500 mg.....*

† Percent Daily Value based on a 2,000 calorie diet.

‡ Daily Value for pregnant or lactating women.

\* Daily Value not established.

**Other Ingredients:** Soybean Oil, Gelatin, Fish Oil, Glycerin, Yellow Beeswax, Caramel Color, Soy Lecithin, Titanium Dioxide (Mineral Whitener).

**CONTAINS:** Wheat, Soybeans, Fish (Anchovy, Mackerel, Sardine, Smelt, Salmon, Tuna, Cod or a Combination Thereof).

**WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.**

Folate intake should not exceed 278% of the DV, 1,667 mcg DFE (1,000 mcg).

Conforms to USP <2091> for weight.

Meets USP <2040> for disintegration.

No Sugar, No Starch, No Artificial Flavors, No Dairy.

Lot No./Best By:

