

# QUEST NUTRITION

IS ON A MISSION TO MAKE THE FOODS YOU CRAVE

**WORK FOR YOU NOT AGAINST YOU**

That's why our powders use a unique blend of complete dairy-based protein isolates: fast absorbing whey protein isolate combined with slow-acting micellar casein and milk protein isolate. This provides your body with all nine of the essential amino acids it needs. Our powders work great as a pre- or post-workout shake, a versatile baking ingredient, or as an indulgent snack – all you have to do is enjoy the taste.



**50% WHEY PROTEIN ISOLATE**

**40% MICELLAR CASEIN**  
**10% MILK PROTEIN ISOLATE**

FAST ABSORBING

SLOW ABSORBING

THIS PACKAGE IS SOLD BY WEIGHT, NOT VOLUME. SOME SETTLING OF CONTENTS MAY HAVE OCCURRED DURING SHIPPING AND HANDLING. KEEP CONTAINER CLOSED AND IN COOL, DRY LOCATION.



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# QUEST<sup>®</sup> PROTEIN POWDER

## CHOCOLATE MILKSHAKE

FLAVOR WITH OTHER NATURAL FLAVORS

**22g PROTEIN**

**2g NET CARBS\***  
**<1g SUGAR**

PER SERVING

SEE NUTRITION FACTS FOR CALORIES CONTENT.

ABOUT 24 SERVINGS PER CONTAINER

NOTICE: FOR WEIGHT REDUCTION, USE ONLY AS DIRECTED WITH A PRESCRIBED DIET PLAN. DO NOT USE IN DIETS SUPPLYING LESS THAN 400 CALORIES PER DAY WITHOUT MEDICAL SUPERVISION.

NET WT 1.6 LB (726 g)



# QUEST<sup>®</sup>

## HOW TO MAKE THE PERFECT SHAKE

- 1 Pour 8 ounces of cold water per scoop.
- 2 Mix or shake until all powder is dissolved.

When adding fruit or other ingredients, more water may be needed to reach desired consistency

**NO ADDED SOY INGREDIENTS**

**GLUTEN FREE**

FOR RECIPES, VISIT [questnutrition.com/recipes](http://questnutrition.com/recipes)

**\*3g Carbs - 1g Fiber = 2g Net Carbs**

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Serving Suggestion Certified Gluten-Free

## Nutrition Facts

About 24 servings per container  
Serving size About 1 Scoop (30g)

Amount per serving  
**Calories 110**

	% Daily Value*
<b>Total Fat</b> 1g	<b>1%</b>
Saturated Fat 0.5g	<b>3%</b>
Trans Fat 0g	
<b>Cholesterol</b> 15mg	<b>5%</b>
<b>Sodium</b> 150mg	<b>7%</b>
<b>Total Carbohydrate</b> 3g	<b>1%</b>
Dietary Fiber 1g	<b>4%</b>
Total Sugars <1g	
Includes 0g Added Sugars	<b>0%</b>
<b>Protein</b> 22g	<b>44%</b>

Vit. D 0mcg 0% • Calcium 320mg 25%  
Iron 1.5mg 8% • Potassium 150mg 4%

\*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

**INGREDIENTS:** PROTEIN BLEND (WHEY PROTEIN ISOLATE, MICELLAR CASEIN, MILK PROTEIN ISOLATE), COCOA PROCESSED WITH ALKALI, NATURAL FLAVORS. CONTAINS LESS THAN 2% OF THE FOLLOWING: SEA SALT, SUNFLOWER LECITHIN, CELLULOSE GUM, XANTHAN GUM, SILICON DIOXIDE, SUCRALOSE, STEVIOL GLYCOSIDES (STEVIA).

**CONTAINS: MILK.**

**PROCESSED IN A FACILITY THAT ALSO PROCESSES EGGS, PEANUTS, SOY, WHEAT, TREE NUTS AND FISH.**

**DISTRIBUTED BY QUEST NUTRITION, LLC.**  
EL SEGUNDO, CA 90245

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**MADE IN USA USING DOMESTIC AND IMPORTED INGREDIENTS.**