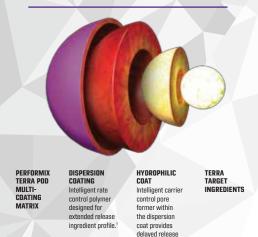
PERFORMIX

DRIVEN BY INNOVATION. DEFINED BY PERFORMANCE.

Every PERFORMIX supplement is driven by our TERRA Intelligent Dosing[™] technology, utilizing best in class bioavailability enhancers and intelligent dosing delivery to help maximize every single molecule's potential... period.[†] To out perform, out last and out do.[†]

TERRA Coating is an innovative Multi-Coating Matrix (MCM) technology that targets pH extended release functionality. This offers an advanced delayed release coating system designed with multiple release points to help maximize ingredient performance.[†]

ADVANCED MULTI-PHASE EXTENDED RELEASE⁺



functionality.!

*Supportive but not conclusive research shows that consumption of EPA and DHA omega-3 fatty
acids may reduce the risk of coronary heart disease.

t These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease. SUGGESTED USE: As a dietary supplement, adults take 1 Serving (2 Capsules) in the morning on an empty stomach. Please read the entire label before use.

Supplement Facts

Serving Size 2 Capsules Servings Per Container 30

Amount Per Serving	% Da	% Daily Value	
Vitamin A (as Retinyl Palmitate)	5000 IU	100%	
Vitamin C (as Ascorbic Acid)	60 mg	100%	
Vitamin D (as Cholecalciferol)	1000 IU	250%	
Vitamin E (as D-Alpha Tocopherol)	30 I U	100%	
Vitamin K (as Phytonadione)	80 mcg	100%	
Thiamin (Thiamin Mononitrate, Vitamin B1)	7.5 mg	500%	
Riboflavin (Vitamin B2)	8.5 mg	500%	
Niacin (as Inositol Hexanicotinate)	20 mg	100%	
Vitamin B6 (as Pyridoxine HCI)	10 mg	500%	
Folic Acid	800 mcg	200%	
Vitamin B12 (as Methylcobalamin)	60 mcg	1000%	
Biotin	750 mcg	250%	
Pantothenic Acid (as d-Calcium Pantothenat	e) 10 mg	100%	
Iron (as Ferrous Sulfate Monohydrate)	9 mg	50%	
lodine (as Potassium lodine)	150 mcg	100%	
Zinc (as Zinc Oxide)	15 mg	100%	
Selenium (as Sodium Selenate)	70 mcg	100%	
Copper (as Cupric Oxide)	2 mg	100%	
Manganese (as Manganese Gluconate)	2 mg	100%	
Chromium (as Chromium Chelate)	120 mcg	100%	
Molybdenum (as Molybdenum Chelate)	75 mcg	100%	
Women's Well-Being Blend Concentrated Fish Oil (providing 340 mg EPA/240 mg DHA) (Withania sommifera) extract (rootVeah) [std. 3%, withan Collagen (Hydroyzed Collagen), Cognizin [®] Citicoline, Eveni Huoerzine A (Huoerzia escratal extract (Whole Herb) [St	olides], Soy Isofla ng Primrose Oil (10 ⁴	avones, % GLA),	

**Daily Value not established.

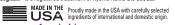
alvcervlphosphorvlcholine

OTHER INGREDIENTS: Gelatin, Talc, Dicalcium Phosphate, Sugar, Pharmaceutica Glaze, Silica, Povidone, Starch, Mannitol, Titanium Dioxide, FD&C Red #40 Lake and FD&C Blue #1 Lake

WARNING: DO NOT USE IF PREGNANT, NURSING, OR PLAN ON BECOMING PREGNANT. THIS PRODUCT IS INTENDED FOR USE BY HEALTHY ADULTS OVER THE AGE OF 18. Do not combine with alcohol. Not intended for use by those with a medical condition. Use only as directed. Do not exceed recommended daily intake. Consult a physician or licensed qualified health care professional prior to use if you are pregnant, or nursing, or if you are taking medication, or if you have a medical condition, including, but not limited to, heart, liver, kidney, or thyroid disease, psychiatric or epileptic discorders, enlarged prostate or glaucoma. Discontinue 2 weeks prior to surgery or if you experience rapid heart beat, dizziness, severe headache or shortness of breath. DO NOT USE IF SAFETY SEAL UNDER CAP IS BROKEN. KEEP OUT OF THE REACH OF CHUBREN.

Store in a cool (60-80°F), dry place. Please recycle 🚱

Sensoril® is protected under U.S. Patent 6,713,092 and is a registered trademark of Natreon, Inc. Cognizin® is a registered trademark of Kyowa Hakko Bio Co., Ltd.



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WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.

PERFORMIX Women's 8 Hour Time-Release Performance Multivitamin with Fish Oil + Beauty

Complex delivers a high-potency formula of essential vitamins and minerals over 8 hours for all day performance. This unique time-release multi suspends target ingredients in a highly concentrated omega fish oil for added health benefits and immune support. Clinically studied Sensoril®, a standardized ashwagandha, fends off stress and fatigue while promoting an overall sense of well-being that you can feel working.⁺

8 HOUR TIME-RELEASE ANTIOXIDANTS FOR FREE RADICAL DEFENSE

Unlike the average once-a-day multivitamin that releases all active ingredients in one burst, PERFORMIX Women's 8 Hour Time-Release Beauty Multivitamin with Fish Oil + Beauty Complex utilizes TERRA Intelligent Dosing to release key vitamins and minerals over 8 hours. We believe in high performance always, so we created a multi to fuel your performance all day long.⁺

COMBATS STRESS, FATIGUE AND INCREASES ENERGY

Total performance requires more than your average multi. We've harnessed the power of clinically studied Sensoril®, a standardized ashwagandha, to support an overall sense of well-being that you can feel. Sensoril® helps the body cope with stress while combatting fatigue to promote the positive mind and mood necessary to perform at your peak.[†]

1000MG PURE HIGH-CONCENTRATE 340 Mg EPA/240 Mg DHA FISH OIL

We developed a patented PERFORMIX technology that combines our TERRA beads packed with key ingredients, in a fish oil suspension, to give you the benefit of two products in one. Our high-concentrate fish oil supports overall joint and brain health while delivering heart-healthy omegas.¹

BEAUTY COMPLEX[†]

Unique to our women's formula is an added complex of Collagen, Evening Primrose and Biotin. These proven ingredients support hair, skin and nails strength, healthy skin hydration and skin elasticity.⁺



Women's 8HR Time-Release Multi Performance Multivitamin with Fish Oil +Beauty Complex

8 Hours of Free Radical Defense⁺ Combats Stress, and Increases Energy⁺ 1,000 mg Pure High-Concentrate 340 mg EPA 240 mg DHA Fish Oil

PERFORMIX



Multi-Phase Beadlet Delivery System **60** LIQUID CAPSULES DIETARY SUPPLEMENT



IN FITNESS AND IN LIFE AM DRIVEN