

**USAGE:** Take 1 capsule per day or as directed by your qualified healthcare professional.

**NOTE:** If you have a medical condition, are pregnant, lactating, trying to conceive, under the age of 18, or taking medications, consult your healthcare professional before using this product.

**PQQ** (pyrroloquinoline quinone) is an important antioxidant that promotes the creation of new mitochondria, along with supporting heart health and cognitive function.\* For superior benefits, take with Jarrow Formulas® QH-absorb®.

Keep out of the reach of children.  
Store in a cool, dry place.

\* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Lot #. Best Used Before:

**Jarrow**  
FORMULAS®

**Pyrroloquinoline quinone**

**PQQ** **10 MG**

**Promotes Mitochondrial Biogenesis\***  
**Supports Heart and Cognitive Function\***

**10**  
MILLIGRAMS

**30**  
CAPSULES

**DIETARY**  
**SUPPLEMENT**



## Supplement Facts

Serving Size 1 Capsule  
Servings Per Container 30

	Amount Per Serving	% DV
BioPQQ™ (Pyrroloquinoline Quinone Disodium Salt)	10 mg	†

† Daily Value not established.

Other Ingredients: Cellulose, magnesium stearate (vegetable source) and silicon dioxide. Capsule consists of bovine gelatin.

No wheat, gluten, soybeans, dairy, egg, fish/shellfish, or peanuts/tree nuts.

BioPQQ™ is a trademark of MGC (Japan).

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