

**QUEST NUTRITION**  
IS ON A MISSION TO MAKE THE  
**FOODS YOU CRAVE**



**WORK FOR YOU NOT AGAINST YOU**

That's why our powders use a unique blend of complete dairy-based protein isolates and slow-acting micellar casein. This provides your body with all nine of the essential amino acids it needs. Our powders work great as a pre- or post-workout shake, a versatile baking ingredient, or as an indulgent snack - all you have to do is enjoy the taste.



**60% WHEY PROTEIN ISOLATE**



**40% MICELLAR CASEIN**

FAST ABSORBING

SLOW ABSORBING

THIS PACKAGE IS SOLD BY WEIGHT, NOT VOLUME. SOME SETTLING OF CONTENTS MAY HAVE OCCURRED DURING SHIPPING AND HANDLING. KEEP CONTAINER CLOSED AND IN COOL, DRY LOCATION.



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**QUEST** PROTEIN POWDER

**CINNAMON CRUNCH**

FLAVOR WITH OTHER NATURAL FLAVORS

**20g PROTEIN**



**2g NET CARBS\* <1g SUGAR**

PER SERVING

SEE NUTRITION FACTS FOR CALORIES CONTENT.

ABOUT 24 SERVINGS PER CONTAINER

NOTICE: FOR WEIGHT REDUCTION, USE ONLY AS DIRECTED WITH A PRESCRIBED DIET PLAN. DO NOT USE IN DIETS SUPPLYING LESS THAN 400 CALORIES PER DAY WITHOUT MEDICAL SUPERVISION.

NET WT 1.6 LB (726 g)



**QUEST**

HOW TO MAKE THE PERFECT SHAKE

- 1 Pour 8 ounces of cold water per scoop.
- 2 Mix or shake until all powder is dissolved.

When adding fruit or other ingredients, more water may be needed to reach desired consistency



NO ADDED SOY INGREDIENTS



GLUTEN FREE

FOR RECIPES, VISIT [questnutrition.com/recipes](http://questnutrition.com/recipes)

\*5g Carbs - 1g Fiber - 2g Erythritol = 2g Net Carbs

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**Nutrition Facts**

About 24 servings per container  
Serving size About 1 Scoop (30g)

Amount per serving  
**Calories 110**

	% Daily Value*
<b>Total Fat</b> 1.5g	<b>2%</b>
Saturated Fat 1.5g	<b>8%</b>
Trans Fat 0g	
<b>Cholesterol</b> 10mg	<b>3%</b>
<b>Sodium</b> 190mg	<b>8%</b>
<b>Total Carbohydrate</b> 5g	<b>2%</b>
Dietary Fiber 1g	<b>3%</b>
Total Sugars <1g	
Includes 0g Added Sugars	<b>0%</b>
Erythritol 2g	
<b>Protein</b> 20g	<b>40%</b>
Vit. D 0mcg 0%	Calcium 240mg 20%
Iron 0.3mg 2%	Potassium 70mg 2%

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

**INGREDIENTS:** PROTEIN BLEND (WHEY PROTEIN ISOLATE, MICELLAR CASEIN), ERYTHRITOL, NATURAL FLAVORS, MILK PROTEIN ISOLATE, SOLUBLE CORN FIBER, COCONUT OIL, CONTAINS LESS THAN 2% OF THE FOLLOWING: PALM KERNEL OIL, CINNAMON, SEA SALT, SUNFLOWER LECITHIN, SODIUM CASEINATE, BAKING SODA, CELLULOSE GUM, XANTHAN GUM, CARRAGEENAN, SILICON DIOXIDE, SUCRALOSE, STEVIOL GLYCOSIDES (STEVIA).

**CONTAINS: MILK.**

**PROCESSED IN A FACILITY THAT ALSO PROCESSES EGGS, PEANUTS, SOY, WHEAT, TREE NUTS AND FISH.**

DISTRIBUTED BY QUEST NUTRITION, LLC.

EL SEGUNDO, CA 90245

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MADE IN USA USING DOMESTIC AND IMPORTED INGREDIENTS.

Serving Suggestion



Certified



Gluten-Free