

Natrol® 5-HTP is a drug-free plant-derived source of an amino acid that naturally increases the body's level of serotonin, the chemical messenger that affects emotions, behavior, appetite, thought and sleep. Regular use of Natrol 5-HTP helps provide a more positive outlook, promotes relaxation, calm and greater appetite control.†

Consult your healthcare professional prior to use if you have or suspect a medical condition or are taking prescription drugs including drugs for depression, migraines, Parkinson's disease or psychiatric disorders. Do not use with other supplements containing L-tryptophan or 5-HTP. Do not use if you are pregnant, lactating or under the age of 18 years.

**STORE IN A COOL, DRY PLACE.
KEEP OUT OF REACH OF CHILDREN.**

†These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

ITEM: 4093 F: 3001634 L: 2004408-8044



NATROL®

5-HTP

100mg

- Promotes Positive Mood†
- Helps Control Appetite†
- Naturally Drug Free

30 CAPSULES
DIETARY SUPPLEMENT

Directions: Take 1 capsule, up to two times daily, with food.

Supplement Facts

Serving Size: 1 Capsule

Amount Per Serving

5-HTP (5-Hydroxytryptophan) 100 mg*
(from *Griffonia simplicifolia*) (seed)

*Daily Value (DV) not established.

Other Ingredients: Rice Flour, Gelatin, Silica, Water, Magnesium Stearate.

Manufactured by NATROL, Inc.
Chatsworth, CA 91311 • USA
1 800 2-NATROL (800 262-8765)
www.natrol.com

NO Yeast, Wheat, Corn, Milk, Egg, Soy, Glutens, Artificial Colors or Flavors, Added Sugar, Starch or Preservatives

LOT/EXP: