

# Nutrition Facts

Serv. Size 2.0 oz (56.5g)  
Servings Per Container 2

**Calories** 190

**Calories from Fat** 50

\*Percent Daily Values (DV) are based on a 2,000 calorie diet.

Amount/Serving	%DV*	Amount/Serving	%DV*
<b>Total Fat</b> 6g	<b>9%</b>	<b>Sodium</b> 220mg	<b>9%</b>
Sat. Fat 1.5g	<b>8%</b>	<b>Total Carb.</b> 27g	<b>9%</b>
Monounsatur. Fat 1g		Dietary Fiber 4g	<b>16%</b>
Trans Fat 0g		Sugars 15g	
<b>Cholest.</b> 0mg	<b>0%</b>	<b>Protein</b> 8g	<b>16%</b>
Vitamin A 10% • Vitamin C 0% • Calcium 6% • Iron 11%			

**INGREDIENTS:** (100% VEGAN) ENRICHED WHEAT FLOUR (WHEAT FLOUR [UNBLEACHED], NIACIN, IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), CANE SUGAR, PALM MARGARINE (PALM OIL, PALM KERNEL OIL, SUNFLOWER OIL, WATER, SALT, VEGETABLE MONOGLYCERIDES, SUNFLOWER LECITHIN, FLAVORING, CITRIC ACID, VITAMIN A PALMITATE, VITAMIN D3), CHOCOLATE CHIPS (CHOCOLATE LIQUEUR, SUGAR, COCOA BUTTER, VANILLA), PROTEIN BLEND (PEA PROTEIN ISOLATE, BROWN RICE PROTEIN, WHEAT GLUTEN), COCOA (PROCESSED WITH ALKALI), OAT FIBER, APPLE FIBER, MOLASSES, VANILLA FLAVOR, BAKING SODA, SALT, FLAXSEED, OREGANO, SUNFLOWER LECITHIN.

**ALLERGENS:** CONTAINS WHEAT. MANUFACTURED IN A FACILITY THAT ALSO PROCESSES PEANUT, TREE NUT, SOY AND COCONUT.

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