

Get MORE with the RIGHT fats.

Fats are nature's misunderstood secret weapon. They are the perfect fuel for your body which increase energy, boost brain function and improve your appearance! We ethically harvest only the highest quality ingredients from around the world to ensure that you get the purest and most powerful naturally-occurring, super-tasty and utterly-amazing Goodfats.

Be good & feel delicious,

*Naomi*

Naomi Whittel, Founder



simplygoodfats.com

\*As part of a low carbohydrate or ketogenic diet. SGFL1240



—SIMPLY—  
GOODFATS  
BE GOOD & FEEL DELICIOUS

# CREAMY MCT™

MANDARIN ORANGE  
DREAM

Delicious by the spoonful or  
mix in shakes and smoothies  
Supports Brain Function • Burns  
Stored Fat • Balances Metabolism\*

16 FL OZ — 473 ML

7G MEDIUM CHAIN  
TRIGLYCERIDES

Directions: Start with one tablespoon the first day and build up to three tablespoons per day over several days. Just start small as too much too soon can upset your stomach.

## Nutrition Facts

31 servings per container

Serving size 1 Tablespoon (15g)

Amount per serving

**Calories** **70**

% Daily Value\*

Total Fat 7g 9%

Saturated Fat 7g 35%

Trans Fat 0g

Sodium 0mg 0%

Total Carbohydrate 1g 0%

Dietary Fiber 1g 4%

Total Sugars 0g

Includes 0g Added Sugars 0%

Protein 0g 0%

Not a significant source of cholesterol, vitamin D, calcium, iron, and potassium

\*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: Liquid Coconut Oil, Water, Gum Arabic, Natural Vanilla Flavor, Natural Orange Flavor, Sorbic Acid, Monk Fruit Extract

CONTAINS TREE NUTS (Coconuts)

Manufactured for Simply Goodfats®, LLC  
University Ave, Gainesville, FL 32607  
866-874-3287 • simplygoodfats.com

FATTY ACID PROFILE: C8:0 Caprylic Acid-2.7g, C10:0 Capric Acid-1.8g, C12:0 Lauric Acid-2g

Consume within 60 days after opening

Keep Refrigerated

Made in Canada • Please recycle



SGFL1241