

## THE OBJECTIVE:

WHEN IT'S TIME TO GO TO BATTLE, YOU GO HARD WITH TOTAL WAR. EXPERIENCE A WORKOUT WITH INTENSITY YOU DIDN'T THINK WAS POSSIBLE. NEW FOUND STRENGTH AND ENERGY IS JUST MINUTES AWAY. LOCK-IN AND GET READY TO BRING THE NOISE!\*



## TOTAL WAR SUGGESTED USE:

WHEN IT COMES TIME TO BRING THE NOISE FOR A WORKOUT, ASSESS YOUR TOLERANCE BY TAKING 1/2 SCOOP PRIOR TO TRAINING. ONCE YOUR TOLERANCE IS ASSESSED MIX (1) SCOOP WITH 4-6 OUNCES 30 MINUTES PRIOR TO TRAINING. DO NOT EXCEED MORE THAN (1) SCOOP PER DAY.

PREWORKOUT

REDCON1

30 SERVINGS

# TOTAL WAR

WHEN YOU'RE READY  
TO BRING THE NOISE

PREWORKOUT



DIETARY SUPPLEMENT  
NET WT. 15.55 OZ (441G)

BLUE RASPBERRY  
NATURALLY AND ARTIFICIALLY FLAVORED

## Supplement Facts

Serving Size: 1 Scoop (14.7g)  
Servings Per Container: 30

	Amount Per Serving	% DV
L-Citrulline DL-Malate 2:1	6g	**
Beta-Alanine	3.2g	**
Agmatine Sulfate	1g	**
Taurine	1g	**
Caffeine Anhydrous	250mg	**
AMPiblast™ (Juniperus Communis)(berry)	150mg	**
Di-Caffeine Malate	100mg	**
Cocophenols™ (Theobroma cacao & Camelia sinensis Extract)	50mg	**
Naringin 98% (Citrus Grandis) (Fruit)	25mg	**
Bioperine™ (Black Pepper Extract)(Fruit)	10mg	**

\*Percent Daily Values are based on a 2000 calorie diet

\*\*Daily Value not established

Other Ingredients: Natural and artificial flavors, Disodium phosphate, Silica, Calcium silicate, Sucralose, Citric acid, Malodextrin, Acesulfame-potassium.

MANUFACTURED FOR AND DISTRIBUTED BY:  
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**WARNING: KEEP OUT OF THE REACH OF CHILDREN.** This product is intended to be consumed by healthy adults 18 years of age or older. Before using this product, seek advice from your pharmacist or physician. Avoid using this product if you have any pre-existing medical condition including but not limited to: high or low blood pressure, cardiac arrhythmia, stroke, heart, liver or kidney disease, seizure disorder, thyroid disease, psychiatric disease, diabetes, difficulty urinating due to prostate enlargement or if you are taking MAO Inhibitor or any other medication or supplements. Discontinue use 2 weeks prior to surgery. Do not use if you are pregnant or nursing, prone to dehydration or exposed to excessive heat. Discontinue use and consult your healthcare professional.

STORE AT 59-86°F (15-30°C). PROTECT FROM LIGHT AND MOISTURE. PRODUCT DOES NOT COMPLETELY FILL CONTAINER. SETTLING OCCURS IN SHIPPING.



\* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

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