CONTAINS: Wheat, Soybeans, Fish (Anchovy, Mackerel, Sardine, Smelt, Salmon, Tuna, Cod or a Combination Thereof).

WARNING: Consult your physician prior to using this product if you are pregnant, nursing, taking medication, or have a medical condition. Discontinue use two weeks prior to surgery. Inform your physician of this product's biotin content before any lab test. Niacin may cause a temporary flushing reaction.

Conforms to USP <2091> for weight

No Dairy.

ACTUAL SIZE

KEEP OUT OF REACH OF CHILDREN. Store in a cool, dry place. For More Information:

1-888-462-2548 SHOP NOW @ GNC.COM

Distributed by: USA General Nutrition Corporation Pittsburgh, PA 15222



Lutemax<sup>e</sup> 2020 is a trademark of OmniActive Health Technologies.

> \* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

### OUR QUALITY COMMITMENT TO YOU

Since 1935, our mission as the industry leader has been to provide you with the highest-quality nutritional supplements. We continue to stand behind this mission. If you're not 100% satisfied with your purchase, return the unused portion of the product with your receipt within 30 days and we'll either refund your money or find a replacement product that is right for you.

### GNC

# MEGA MEN<sup>°</sup> Diabetic Support

## Why should I use it?

It's scientifically designed for the special dietary needs of people with diabetes. Use it with the enclosed nutritionally balanced diet suitable for persons with diabetes to help maintain healthy blood sugar levels and improve circulation and eve health."

### How does it work?

It features zinc and key B-vitamins to provide support for carbohydrate metabolism.\* Ginkgo biloba and arginine provide circulation support, and choline provides support for cardiovascular health.\* The potent ingredients lutein, zeaxanthin and hyaluronic acid are important nutrients present in the eye.\* This formula also includes glutamine, carnitine and leucine to help fuel muscles.\*

In a randomized, double-blind, placebo-controlled study of 112 healthy volunteers, subjects taking the GNC vitamin and mineral blend in this product for six weeks experienced statistically significant improvements in markers of B vitamin and antioxidant status, as well as improvements in SF 36 Vitality and Mental Health scores compared to those taking a dacebo.

# GNC

# MEGA MEN<sup>°</sup> Diabetic Support

Dietary Supplement

### MULTIVITAMIN & NUTRITION PLAN

- Multivitamin with premium ingredients to support glucose metabolism\*
- Provides key nutrients to help promote normal glucose utilization & insulin production\*
- Supports circulatory, heart & eve health with advanced nutrient blends\*

Timed-Release 90 CAPLETS 45-DAY SUPPLY



### CODE 184912 E

**DIRECTIONS:** As a dietary supplement, for optimal health benefits take two caplets daily with food. Can be divided by taking one caplet in the morning and one caplet in the afternoon for maximum absorption.

## Supplement Facts

Serving Size Two Caplets Servings Per Container 45

Vitamin A (50% as beta-Carotene; 50% as Acetate).         1500 mcp.         167%           Vitamin C (as Accorbic Acid & Calcium Ascorbate).         300 mg.         333%           Vitamin D (as Cholecalciferal D -3).         40 mcp.         200%           Vitamin E (as Natural d-alpha Tocopheryl Acetate).         22.1 mg.         147%           Vitamin K (as Phytonadione).         50 mg.         4167%           Hibarin W (Hamin B -1).         50 mg.         4167%           Fibrollawin Witamin B -2.         50 mg.         3448%           Vitamin B -6 (as Phyticoxine Hydrochloride).         50 mg.         2941%           Folate         65 mg.         2941%           Folate         65 mg.         2941%           Vitamin B -12 (as Cyanocobalamin).         50 mg.         2016           Vitamin B -12 (as Cyanocobalamin).         50 mg.         2018           Solitim (as Calcium d-Pantothenate).         50 mg.         100%           Pantothenia Acid (as Calcium d-Pantothenate).         50 mg.         100%           Pantothenia Acid (as Calcium d-Pantothenate).         50 mg.         100%           Pantothenia Acid (as Potassum dolide).         10 mg.         15%           John (as Calcium Caronate & Calcium Ascorbate).         20 mg.         15%           John (	Amount Per Serving		% Daily Value
Vitamin D (as Cholecalciferal D -3)         -40 mcg         200%           Vitamin E (as Natural d -dipha Tocophenyl Acetate)         2.1 mg         147%           Vitamin K (as Phytonacione)         -67%         -67%           Filadin (Vitamin B -1)         -9 mg         -4167%           Riboflowin (Vitamin B -2)         -9 mg         -4167%           Riboflowin (Vitamin B -2)         -9 mg         -30 mg         -346%           Mixon (as Nication)         -9 mg         -30 mg         -346%           Mixon (as Nication)         -9 mg         -30 mg         -346%           Mixon (as Nication)         -9 mg         -35 mg         -35 mg           Foliale         -8 Gryptosofie Hydrochloride)         -8 mg         -678 mg         167%           Gold Marchine         -6 Gryptosofie Hydrochloride)         -6 mg         -678 mg         167%           Vitamin B -12 (as Cyanocobalamin)         -6 mg         -0 mg         100%         167%           Bioth         -0 mg         -0 mg         100%         100%         100%         100%           Particle S C Systems         -0 mg         -0 mg         100%         100%         100%         100%         100%         100%         100%         100%         100%	Vitamin A (50% as beta-Carotene; 50% as Acetate).	1500 mcg	167%
Vitamin K (as Phytonadione)	Vitamin C (as Ascorbic Acid & Calcium Ascorbate)	300 mg	333%
Vitamin K (as Phytonadione)	Vitamin D (as Cholecalciferol D-3)	40 mcg	200%
Ribofavin (Vitamin B-2)	Vitamin E (as Natural d-alpha Tocopheryl Acetate)	22.1 mg	147%
Ribofavin (Vitamin B-2)	Vitamin K (as Phytonadione)	80 mcg	67%
Niacin (as Niacinamide & Niacin)   50 mg   313%	Iniamin (Vitamin B-1) (as Thiamin Mononitrate)	50 mg	4167%
Folate	Miggin (on Niggingwide & Niggin)	50 mg	3120/
Folate	Vitamin D. 6 (ac Duridovino Hudrochlorido)	50 mg	20/10/
Vitamin B-12 (as Cyanocobalamin)	Foliato	667 mcg DEF	167%
Bioth	1 olde	(400 mcg Folic Acid)	
Bioth	Vitamin B-12 (as Cyanocobalamin)	50 mcg	2083%
Choline (as Cheline Bilartarle). 10 mg 2?* Calcium (as Calcium Carbonate & Calcium Ascorbate) 20 mg 15% Calcium (as Calcium Carbonate & Calcium Ascorbate) 20 mg 15% Calcium (as Calcium Carbonate & Calcium Ascorbate) 20 mg 15% Calcium (as Calcium Carbonate & Calcium Ascorbate) 150 mcc 100% Magnesium (as Magnesium Oxide) 100 mg 244% Zinc (as Zinc Oxide) 25 mg 227% Zinc (as Zinc Oxide) 25 mg 227% Zinc (as Zinc Oxide) 26 mg 27% Zinc (as Zinc Oxide) 27 mg 227% Zinc (as Zinc Oxide) 27 mg 27% Zinc	Biotin	300 mca	1000%
Caclum (as Calcium Carbonate & Calcium Ascorbate) . 200 mg . 15% mg. 15% mg. 15% mg. 10% bidine (as Potassium Indide) . 150 mcg. 100% bidine (as Potassium Indide) . 150 mcg. 100% bidine (as Potassium Indide) . 150 mcg. 100% bidine (as Potassium Indide) . 25 mg . 227% Selenium (as L-Selenomethionine) . 200 mcg. 3584% mg. 200 mcg. 3571% bidine (as Sodium Motybadeu) . 25 mg. 6.67% chromium (as Hydrokyzed Protein Chelate) . 200 mcg. 3571% bidine (as Sodium Motybadeu) . 75 mcg. 167% . 167% . 167% mg. 200 mcg. 3571% bidine (as Sodium Motybadeu) . 35 mg. 30 m	Pantothenic Acid (as Calcium d-Pantothenate)	50 mg	1000%
bdine (as Potassium bdide)	Choline (as Choline Bitartrate)	10 mg	2%
Magnesium (as Magnesium Oxide)         100 mg         .24%           Zine (as Zinc Oxide)         25 mg         .227%           Selenium (as L-Selenomethionine)         20 mg         .228%           Copper (as Cupite)         20 mg         .228%           Copper (as Cupite)         2 mg         .228%           Capper (as Cupite)         2 mg         .228%           Capper (as Cupite)         2 mg         .228%           Chromium (as Hydrolyzed Protein Chelate)         .20 mc         .571%           Mokybedenum (as Sodium Molybdate)         .75 mc         .167%           L-Giltamine         .80 mg         .80 mg         .80 mg           Bitter Mebn Powder (Momordica charantis)         .50 mg         .90 mg         .90 mg           Cinnannom Bark Powder         .50 mg         .90 mg <t< td=""><td>Calcium (as Calcium Carbonate &amp; Calcium Ascorbat</td><td>e) 200 mg</td><td>15%</td></t<>	Calcium (as Calcium Carbonate & Calcium Ascorbat	e) 200 mg	15%
Zinc (as Zinc Oxide)	Magnesium (as Magnesium Ovide)	150 MCg	240/
Selenium (as L-Selenomethionine)	Zine (se Zine Ovide)	25 mg	2270
Copper (as Cupric Oxide)         2 mg         222*           Manganese (as Manganeses Sulfate)         2 mg         8.7%           Chromium (as Hydrofyzed Protein Chelate)         200 mcg         571%           Chromium (as Hydrofyzed Protein Chelate)         75 mcg         167%           L-Glutamine         80 mg         167%           Bitter Melon Powder (Momordica charantie)         50 mg         6           Fenugreek Seed Powder         50 mg         7           (Irigonella Genum-graecum)         25 mg         7           (Innamorum cassia & burmannii)         25 mg         25 mg           Artginine         25 mg         25 mg           L-Arginine         25 mg         25 mg           L-Leucine         10 mg         10 mg           L-Leucine         10 mg         10 mg           Insistol         10 mg         10 mg           Silica as Silicon Dioxide)         4 mg           Lycoperio         20 mg         90 mcg           Son ora sytyfortyped Protein Chelate)         2 mg           Josepherio         50 mcg         30 mcg           Son ora sytyfortyped Protein Chelate)         50 mcg	Solonium (se I -Solonomethionine)	200 mca	364%
Manganese (as Manganese Sulfate).         2 mg         87%           Chromium (as Hydrodyzed Protein Chelate).         200 mg         571%           Mobydeanum (as Sodium Molybdate)         75 mcg         167%           L-Glutamine.         80 mg         80 mg           Bitter Melon Powder (Momordica charantia).         50 mg         50 mg           (Ingonells Incomum-qraecum)         25 mg         70 mg           (Ingonells Incomum-qraecum)         25 mg         25 mg           (Ingonells Incomum-qraecum)         25 mg         25 mg           (Ingonells Incomum-qraecum)         25 mg         30 mg           (Ingonells Incomum-qraecum)         10 mg         10 mg           (Ingonells Incomum-qraecum)         10 mg         10 mg           (Ingonells Incomum-qraecum)         10 mg         10 mg           (Ingonells Incomum-qraecum)         2 mg         10 mg           (Ingonells Incomum-qraecum)         2 mg         10 mg           (Ingonells Incomum-qraecum)         2 mg         10 mg           (Ingonells Incomum-qraec	Conner (as Cunric Oxide)	2 mg	222%
Chromium (as Hydrofyzed Protein Chelate).	Manganese (as Manganese Sulfate)	2 mg	87%
L-Glatamine			
Bitter Melon Powder (Momardica charantia)	Molybdenum (as Sodium Molybdate)	75 mcg	167%
Bitter Melon Powder (Momardica charantia)			
Fenugreek Seed Powder	L-Glutamine	80 mg	
(Trigonella foetum-graecum)   (Innamon Bark Powder   25 mg	Bitter Meion Powder (Momordica charantia)	50 mg	
(Cinnamorium cassia & Durmanni) Oymnema sylvesta Extract	(Trigonella foenum-graecum)	50 IIIg	
(Cinnamorium cassia & Durmanni) Oymnema sylvesta Extract	Cinnamon Rark Powder	25 mm	
Gymnems sylvestra Extract.         25 mg           L'Arginine         25 mg           alpha Lipoic Acid         25 mg           Ghingo hilobar Leaf Powder         10 mg           L Cardinine         10 mg           Insistol         10 mg           Insistol         10 mg           Silica (as Silicon Dioxide)         4 mg           Lutemax** 2020 Lutein         3 mg           Hyaluronic Acid (as Sodium Hyaluronate)         2 mg           Dronn (as Hydrayed Protein Chelate)         2 mg           Lycopere         850 mcg           Asbaarathin         50 mcg			
L'Agginne,	Gumnama culuactra Extract	25 ma	
alpna Lipica Acid 25 mg Ghilyap biloba Leaf Powder 10 mg L-Camiline 10 mg L-Camiline 10 mg L-Camiline 10 mg L-Camiline 10 mg Lossific 10 mg Silica (as Silicon Dioxide) 4 mg Litemax* 2020 Lutein 3 mg Hyaturonic Acid (as Sodium Hyaturonate) 2 mg Lycopene 500 mcg			
Ointgo broom Leaf Powder   10 mg   1-Camithine   10 mg   1-Leucline   10 mg   1-Leucline   10 mg   1			
L-Leucine 10 mg Insistot. 10 mg Sifice (as Sificon Dioxide) 4 mg Sifice (as Sificon Dioxide) 5 mg Hystronic Acid (as Socialum Hystronate) 2 mg Spron (as Hystroyad Protein Chelate) 50 mg Spron (as Hystroyad Protein Chelate) 50 mg Zesaranthin. 500 mcg Zesaranthin. 500 mcg			
L-Leucine 10 mg Insistot. 10 mg Sifice (as Sificon Dioxide) 4 mg Sifice (as Sificon Dioxide) 5 mg Hystronic Acid (as Socialum Hystronate) 2 mg Spron (as Hystroyad Protein Chelate) 50 mg Spron (as Hystroyad Protein Chelate) 50 mg Zesaranthin. 500 mcg Zesaranthin. 500 mcg	I - Carnitine	10 ma	
Silica (as Silicon Dioxide)	L-Leucine	10 mg	
Lutemax* 2020 Lutein 3 mg   Hyaluronatei 2 mg   Pyaluronatei 2 mg	Inositol.	10 mg	
Hyaluronic Acid (as Sodium Hyaluronate)         2 mg.           Boron (as Hydrolyzed Protein Chelate)         2 mg.           Lycopene         950 mcg           Zeaxamthin.         600 mcg.           Astaxanthin.         50 mcg.	Silica (as Silicon Dioxide)	4 mg	
Boron (as Hydrolyzed Protein Chelate)	Hughuronic Acid (se Codium Hughuronata)	2 ma	
Lycopene         950 mcg           Zeaxanthin         600 mcg           Astaxanthin         50 mcg	Roron (se Hudroluzad Protein Chalata)	2 ma	
Astaxanthin. 50 mcg			
Vanadium (as Sodium Metavanadate)10 mcg*			
	Vanadium (as Sodium Metavanadate)	10 mcg	*

#### \* Daily Value not established.

OTHER INGREDIENTS: Microcrystalline Cellulose, Hydroxypropyl Methycellulose, Hydroxypropyl Cellulose, Dicalcium Phosphate, Magnesium Stearate Vegetable Source, Titanium Dioxide (Mineral Whitener), Vegetable Actoglycerides, Polyethylene Glycol. Polysorbate 80. Caramel Color. Ethyl Vanillin.