DIRECTIONS: Place powder in a glass or mug; add 2-3 oz of hot water. Let it fizz, then stir until dissolved. Fill with warm or cold water and enjoy. You can also simply add Natural Vitality's Calm to a glass or bottle of cold water.

SERVING SIZE: Individual needs may vary. Start with half a teaspoon (1 g) daily and gradually increase to two teaspoons (4 g) per day as needed.

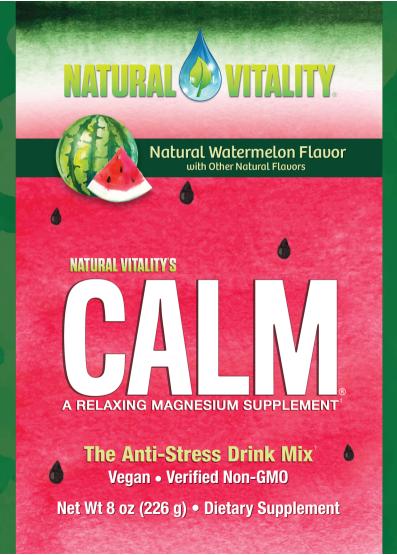
FOR BEST RESULTS, divide your daily amount of Natural Vitality's Calm into two or three servings. *Natural Vitality's Calm* can be taken with or without food. During times of stress or heavy physical activity your body may need more Natural Vitality's Calm. When bowels are comfortably loose, this is a good gauge of the optimal amount.

Multi-award-winning Natural Vitality's Calm. developed by Peter Gillham, is the best-selling magnesium supplement in the natural products market. (SPINS 2017)

For children under four, for pregnant or lactating women, or if you have kidney problems, an obstructed bowel, or are currently on medication, consult with your doctor.

†These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

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Limited Edition!

Natural Watermelon Flavor with Other Natural Flavors

Supplement Facts

Serving Size: 2 tsp (4g) Servings per Container: About 56

Amount per Serving

% Daily Value

Magnesium

290 ma (as Magnesium Carbonate)

69%

Other Ingredients: Citric acid. organic natural flavors. organic stevia (leaf) extract.



VEGAN GLUTEN-FREE VERIFIED NON-GMO

Contains no yeast, dairy, egg, soy, wheat, sugar, fructose, starch, preservatives or artificial color or flavor.

Manufactured by Nature's Products, Inc. for Nutranext Business, LLC 1301 Sawgrass Corporate Pkwy Sunrise, FL 33323 Customer Service: 866-416-9216 www.naturalvitality.com

Keep out of reach of children.

Amount of product in bottle is based on weight. Some settling may occur.



[Product No. 3970.0002] BPA-free bottle