

## Cardio Quality Promise

Omega Q Plus® 100 is formulated to meet stringent quality standards, with thoroughly screened raw materials, 100% finished goods batch testing, and independent verification of purity and potency.



### Bioavailable Hydro Q-Sorb® CoQ10

3X better absorbed than powdered CoQ10, to energize cells and replenish depletions caused by statin medications†



### Clean, Sustainable CalaMarine® Omega-3 Oil

Naturally richer in DHA than fish oil, with no fishy taste or repeating†



### Clinically Studied Crominex® 3+ Chromium

Powerhouse mineral in a highly absorbable form†



### Power Trio of Folic Acid, B6, and B12



TRIPLE TESTED



CARDIOLOGIST FORMULATED



GLUTEN FREE



SOY FREE



cGMP



NO SHELLFISH

## Cardiologist Developed for Results You Can Count On

Stephen Sinatra, MD is a board-certified cardiologist, nutritionist, and anti-aging specialist. 40+ years of research and clinical experience led him to develop the *Omega Q Plus* supplements—exclusive combinations of highly bioavailable CoQ10, omega-3s, and other heart-healthy ingredients that provide powerful support for key cardiovascular markers and overall vitality.†



CHOLESTEROL & TRIGLYCERIDES



BLOOD PRESSURE



BRAIN HEALTH



BLOOD FLOW



ANTIOXIDANT SUPPORT



GLYCEMIC CONTROL



CELLULAR ENERGY

†These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Dr. Sinatra  
AMERICA'S INTEGRATIVE CARDIOLOGIST™

# Omega Q Plus®

## 100 mg of CoQ10

Cardiologist formulated with highly bioavailable CoQ10, omega-3s, and key nutrients for heart health and vitality†



HEART



BRAIN



STATIN SUPPORT



OVERALL HEALTH

Dietary Supplement

60 Softgels

**Doctor's Suggested Use:** Take 2 softgels once daily with a meal. For added support, take 2 softgels twice daily with meals.

## Supplement Facts

Serving Size: 2 Softgels  
Servings Per Container: 30

Amount Per Serving	% DV
Calories	20
Total Fat	1.5 g 2%*
Cholesterol	<5 mg 1%
Vitamin B6 (as pyridoxine HCl, pyridoxal-5-phosphate)	30 mg 1,765%
Folate	667 mcg DFE (400 mcg folic acid) 167%
Vitamin B12 (as cyanocobalamin)	750 mcg 31,250%
Chromium (as Crominex® 3+ chromium stabilized with Capros® standardized Amla Extract (fruit), PrimaVie® purified and standardized Shilajit)	400 mcg 1,143%
CalaMarine® Oil Concentrate (from squid)	1,250 mg †
DHA (docosahexaenoic acid)	350 mg †
EPA (eicosapentaenoic acid)	200 mg †
L-Carnitine Fumarate	174 mg †
Coenzyme Q10 (as ubiquinone)(Hydro Q-Sorb®)	100 mg †

\*Percent Daily Values are based on a 2,000 calorie diet.  
†Daily Value (DV) not established.

Other ingredients: Gelatin, gamma-cyclodextrin, medium chain triglycerides, glycerin, yellow beeswax, purified water, sunflower lecithin, mixed tocopherols (preservative), annatto (color) suspension in sunflower oil, mannitol, silica, lemon oil, microcrystalline cellulose

Distributed by Healthy Directions, Bethesda, MD 20817  
www.healthydirections.com

**UNCONDITIONALLY GUARANTEED** for purity and labeled potency. To preserve quality and freshness, store bottle with cap tightly closed in a cool, dry place.

Precautions: Consult a health care practitioner if you are pregnant or nursing, have a serious medical condition, or use any medications.

**Keep out of reach of children.**

Crominex® 3+, Capros® and PrimaVie® are registered trademarks of Natreon, Inc.

CalaMarine® is a registered trademark of Pharma Marine AS.

Hydro Q-Sorb® is a registered trademark of Tishcon Corp.

www.drsinatra.com

1-800-304-1708

Lot No. / Exp. Date



SKU: OCO 02 G1710B, 2018 R-1