## Supplement Facts

Serving Size: 1 Scoop (14.1 g) / Servings Per Container: 30

	Amount Per Serving	% Daily Value
Calories	60	Value
		40/*
Total Fat	3 g	4%*
Saturated Fat	2.5 g	13%*
Total Carbohydrate	6 g	2%*
Dietary Fiber	<1 g	3%*
Total Sugars	2 g	‡
Includes 2 g of Added Sugars		4%*
Protein	2 g	4%*
Biotin	300 mcg	1,000%
Magnesium (as magnesium oxide & d	citrate) 325 mg	77%
Zinc (as zinc gluconate)	7.5 mg	68%
Sodium	150 mg	7%
Potassium	30 mg	1%
Coconut oil / Medium chain triglyceride (MCT) complex	5 g	‡
VERISOL <sup>®</sup> Bioactive Collagen Pe	ptides <sup>®</sup> 2.5 g	‡
Hyaluronic acid	25 mg	‡
Organic Amla fruit powder	25 mg	‡  
Probiotics ( <i>Bacillus coagulans</i> and <i>Bacillus subtilis</i> )	1 Billion CFU	‡
* Percent Daily Values are based on a 2,000 calorie diet.		

‡ Daily value not established.

Other ingredients: Organic coconut palm sugar, natural flavors, guar gum, coconut milk powder, sea salt, sunflower lecithin and rebaudioside-A.

Contains: Tree nut (coconut).

 $\text{VERISOL}^{\circledast}$  and Bioactive Collagen  $\text{Peptides}^{\circledast}$  are registered trademarks of GELITA AG.

**DIRECTIONS:** Before bedtime, add one scoop to 8 fl. ounces of cold water and mix well.

- Keep out of reach of children.
- Protect from heat, light and moisture.
- Store in a cool, dry place.
- Do not use if seal is broken.



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†These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.