## Looking for a good vegan protein source?

Look no further than our Soy Protein, which provides 13g of vegan protein per serving with 0g of carbohydrates, and it's cholesterol free and sugar free.

Soy is one of the few complete, plant-based protein sources, and it contains all the essential amino acids. It helps support muscles during exercise, and it is a natural source of phytic acid, which may provide antioxidant support.\*

Plus, soy has naturally occuring isoflavones, which help support a healthy cardiovascular system. They may also help maintain bone density and act like mild estrogens.\*

Our Soy Protein is easy to mix, and because it's unflavored, it works well in your favorite recipes.

 Typical Isoflavone Content Per Serving:

 Daidzein (all forms)
 3.9mg - 11.7mg

 Genistein (all forms)
 7.8mg - 23.4mg

 Glycitein (all forms)
 1.3mg - 3.9mg

 Total Isoflavones
 13.0mg - 39.0mg



Store in a cool, dry place.
For More Information:
1–888–462–2548
GNC.com
Distributed by:
General Nutrition Corporation
Pittsburnh. PA 15222 USA



## Soy Protein

A complete source of protein with naturally occurring isoflavones

gluten free







no artificial sweeteners

Unflavored

**NET WT 11.11 OZ (315 G)** 

CODE 386608
DIRECTIONS: Add one scoop to 8 fl. oz. of water and mix thoroughly.

## **Nutrition Facts**

21 Servings Per Container

Serving Size 1 Scoop (15g)

**Amount Per Serving** 

Calories

60 % Daily Valuet

 Total Fat 1g
 1%

 Saturated Fat 0g
 0%

 Trans Fat 0g
 8%

 Sodium 180mg
 8%

 Total Carbohydrate 0g
 0%

 Total Sugars 0g
 0%

Includes Og Added Sugars

Protein 13g

Iron 2mg 10 Potassium 135mg 2

Not a significant source of cholesterol, dietary fiber, vitamin D and calcium.

† The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: Soy Protein Isolate, Lecithin.

CONTAINS: Soybeans.

Con India. Solveenis. No Sugar, No Artificial Sweeteners, No Artificial Colors, No Artificial Flavors, No Preservatives, No Wheat, Gluten Free, No Dairy, No Milk.

NOTICE: Use as a food supplement only. Do not use for weight reduction.

Significant product settling may occur.