

- + with clinically-supported KSM-66®
- + helps reduce stress*
- + helps maintain normal cortisol levels*
- + boosts mental & physical performance*

Ashwagandha (Indian Ginseng) is nature's antidote to modern stress.* This time-tested botanical greatly improves the body's response to physical and mental stressors, while boosting stamina, endurance, cognitive health and overall well-being.*

†1,000 mg of Ashwagandha per daily serving.



ashwagandha

*promotes calm & clarity** | **1,000 mg†**

60 capsules

dietary supplement

Suggested Use: (Adults) Take two (2) capsules daily with water.‡

Supplement Facts

Serving Size: 2 capsules
Servings Per Container: 30

	Amount Per Serving	% Daily Value
Full Spectrum Ashwagandha Blend	1,000 mg	**
Organic Ashwagandha (root) extract (KSM-66®)	(600 mg)	
Organic Ashwagandha (root) powder	(400 mg)	
Ginger (root) extract	20 mg	**
**Daily Value not established		

Other Ingredients: Vegetable cellulose (capsule), microcrystalline cellulose, vegetable magnesium stearate, silicon dioxide.

This product is manufactured in a facility that processes whey milk protein and fish extracts.



KSM-66 Ashwagandha® is a registered trademark of Ixoreal Biomed, Inc.

Usage Warnings: Check with your doctor before using this product if you are taking medication or have any medical conditions. Do not use if you are pregnant or nursing. Do not exceed the recommended daily intake. Not intended for persons under 18. **KEEP OUT OF REACH OF CHILDREN.** Store in a cool and dry place after opening.

*The recommended dosage is two capsules per day. But for more personalized results, start with one capsule per day and slowly ramp up (adding an additional capsule per day as needed) until you feel the effects are right for you. Use daily for optimal results.

manufactured by:



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***These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.**

