FITAID

100	Supplement Facts Serving Size: 1 Can		
a ingredients inom around the world		Amount Per Serving	%Daily Value
	Calories	45	
	Total Carbohydrate	11g	4%*
	Sugars	9g	**
	Vitamin C (ascorbic acid)	50mg	83%
	Vitamin D3 (Chloecalciferol)	200IU	50%
3	Vitamin E (d. alpha tagapharyl s	antata\40III	1220/

amin E (d-alpha-tocophery) acetate) 4010 133% Vitamin B1 (tiamine mononitrate) 2ma Vitamin B2 (riboflavin) 2ma 118% Niacin (niacinamide) 20ma 100% Vitamin B6 (pyridoxine hydrochloride) 2mg 100% Folic Acid 300mcq Vitamin B12 (methylcobalamin) 12mca 200% 150mcg 50% Pantothenic acid (calcium-D-pantothenate) 10mg 100% Calcium lactate gluconate 30ma 3% Magnesium lactate 40mg 10% Potassium phosphate 60mg

blends. Drink this clean & refreshing nutritional

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ERAGE

LIFEAID

Proprietary Blend 835mg**

Green tea extract (from Leaves), L-Arginine hydrochloride, L-Glutamine, D-Glucosamine hydrochloride, L-Leucine, Quercetin, L-Isoleucine, L-Valine, Coenzyme Q10, Turmeric

root extract. Docosahexaenoic acid (DHA algae) *Percent Daily Values (DV) are based on a 2,000 Calorie diet

**Daily Value not established

Other Ingredients: Carbonated water, certified raw organic blue agave nectar*, natural flavors, citric acid, stevia extract (reb A), *OTCO Certified

Not recommended for children under 12 or women while nursing or pregnant. Keep out of reach of children. Consult your physician before starting any supplement regimen.

*These statements have not been evaluated by the Food & Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

A product of LIFEAID®BEVERAGE CO. LLC 2833 Mission Street Santa Cruz, California 95060

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NON-GMO (RECYCLE











SPARTAN RACE

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REFRESHING TASTE + 45 CALORIES



SUPPLEMENT YOUR LIFESTYLE™

RECOVERY BLEND*

- + Glutamine. Glucosamine
- + Branched Chain Amino Acids
- + Electrolytes, CoQ10
- + Turmeric, Quercetin
- + Green Tea Extract
- + Vitamins C, D & E
- + Full B Complex
- + Omega-3s

Never Any Artificial Colors. Flavors or Sweeteners



Dietary Supplement

12 fl.oz (355mL)