

POWERSERIES

ONE MORE REP™ is our PREMIER PRE-WORKOUT, designed to promote

FOCUS, ENERGY, PUMP, PERFORMANCE, STRENGTH AND RECOVERY.™

ONE MORE REP™ includes Beetroot powder and L-Citrulline to support MUSCLE PUMP AND FULLNESS.™

L-carnitine L-tartrate helps transfer fatty acids into the mitochondria of cells for energy production, which may play an important role in

MUSCLE BUILDING, FAT BURNING AND PERFORMANCE.™

N-Acetyl-L-Cysteine is a potent antioxidant that may have a beneficial effect on exercise performance.*

Manufactured for and Distributed By:
BPI Sports, 3149 SW 42nd St. Suite 200,
Hollywood, FL 33312.
To report an adverse event or for
more information call: 954.926.0900 (tel)
WWW.BPISPORTS.COM

 /BPIONLINE  @BPI_SPORTS

 **MADE IN THE USA WITH DOMESTIC
AND INTERNATIONAL INGREDIENTS.**

*THESE STATEMENTS HAVE NOT BEEN EVALUATED BY
THE FOOD AND DRUG ADMINISTRATION. THIS
PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT,
CURE, OR PREVENT ANY DISEASE.

† When combined with a proper exercise and nutrition
regimen. Statements based on early-stage independent 3rd
party *in vivo* and/or *in vitro* model scientific research data
findings for individual ingredients.

ENERGY[†]

hpi SPORTS

NEW!

POWERSERIES

ONE MORE REP™

LEGENDARY 1.M.R™ PERFORMANCE!
25 SERVINGS

PUSH HARDER, TRAIN LONGER.™

DIETARY SUPPLEMENT
NET WT. 8.8 OZ (250 GRAMS)

BEBETTER. BESTRONGER. BPI.™
FRUIT PUNCH
NATURAL AND ARTIFICIAL FLAVORS



POWERSERIES

TAKE
1 SCOOP
BLENDED INTO
8oz WATER
BEFORE
WORKOUT

L-CITRULLINE

L-CARNITINE

BEETROOT
POWDER

ENERGY[†]

Supplement Facts

Serving Size 1 Scoop (10 grams)
Servings Per Container 25

Amount Per Serving	% Daily Value	
Niacin (Vitamin B3 as nicotinic acid)	30 mg	150%
Sodium (as Disodium phosphate)	128 mg	5%
L-Citrulline	3g	**
L-Carnitine L-Tartrate	1g	**
Beetroot (powder)	500 mg	**
Trimethylglycine (TMG) (as betaine anhydrous)	500 mg	**
N-Acetyl-L-Cysteine	500 mg	**
ONE MORE REP™ ENERGY BLEND (Proprietary)	454 mg	**
Caffeine anhydrous		**
Theobromine		**
Phosphatidylcholine		**
Himalayan pink salt		**
Yohimbe (bark) extract (std. to 2% Yohimbine)		**

** Daily Value not established.

Other Ingredients: Maltodextrin, natural and artificial flavors,
citric acid, silica, malic acid, sucralose, and acesulfame K.

Please read entire label before use.

Suggested Use: USE ON TRAINING DAYS ONLY. Take one (1) serving (1 scoop) approximately 15-30 minutes prior to training, blended into 6-8 ounces of cold water or beverage, or as suggested by a qualified healthcare practitioner. **Important Note(s):** Do not exceed one (1) serving (1 scoop) per training day. Avoid eating food or drinking a protein shake within an hour after consuming ONE MORE REP™. To avoid sleeplessness, do not take within four (4) hours of bedtime. Taking ONE MORE REP™ with food, or on a full stomach, may diminish its effects.

Warnings: Not intended for use by persons under age 18. Do not exceed recommended dose. Do not take for more than eight (8) consecutive weeks. Get the consent of a licensed physician before using this product, especially if you are taking medication, have a medical condition, you are pregnant, nursing or thinking about becoming pregnant. **DISCONTINUE USE TWO WEEKS PRIOR TO SURGERY. KEEP THIS PRODUCT AND ALL SUPPLEMENTS OUT OF THE REACH OF CHILDREN.**

Caffeine warning: The recommended serving of this product contains approximately as much caffeine as three cups of coffee. Do not consume caffeine, or combine with synephrine, including but not limited to coffee, tea, soda and other dietary supplements or medications containing phenylephrine or caffeine. Too much caffeine may cause nervousness, irritability, sleeplessness, and occasionally rapid heartbeat. Discontinue use if you experience dizziness, severe headache, rapid heartbeat or shortness of breath.

Caution: ONE MORE REP™ contains the B vitamin niacin. Niacin may cause temporary flushing, tingling, skin reddening, and sensations of heat, especially if taken on an empty stomach. This is a common reaction.

