



SYNTHA-6®



COOKIE DOUGHN'T YOU WANT SOME™
NATURALLY & ARTIFICIALLY FLAVORED

PROTEIN POWDER DRINK MIX NET WT 2.59 LB (1.17 KG)

10g
ESSENTIAL AMINO ACIDS
NATURALLY OCCURRING EAAs

MUSCLE RECOVERY

200
CALORIES

LEAN MUSCLE

22g
PROTEIN

USE ANYTIME, DAY OR NIGHT

25
SERVINGS

Nutrition Facts	
25 servings per container	
Serving size About 1 Scoop (47g)	
Amount per serving	
Calories	200
% Daily Value*	
Total Fat 6g	8%
Saturated Fat 2g	10%
Cholesterol 60mg	20%
Sodium 200mg	9%
Total Carbohydrate 15g	5%
Dietary Fiber 6g	21%
Total Sugars 3g	
Includes 1g Added Sugars	2%
Protein 22g	44%
Calcium 200mg	15%
Iron 0.4mg	2%
Potassium 230mg	4%
Phosphorus 120mg	10%
Magnesium 15mg	4%
Not a significant source of trans fat and vitamin D.	
*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	

INGREDIENTS: Protein Matrix Comprised of (Whey Protein Concentrate, Whey Protein Isolate, Calcium Caseinate, Micellar Casein, Milk Protein Isolate, Egg Albumen, Glutamine Peptides), Sunflower Creamer (Sunflower Oil, Corn Syrup Solids, Sodium Caseinate, Mono- and Diglycerides, Dipotassium Phosphate, Tricalcium Phosphate, Soy Lecithin, Tocopherols), Polydextrose, Natural and Artificial Flavor, Cookie Crumbs (Enriched Flour [Wheat Flour, Niacin, Reduced Iron, Thiamin Mononitrate, Riboflavin, Folic Acid], Sugar, Palm and Palm Kernel Oil Blend, Cocoa [Processed with Alkali], High Fructose Corn Syrup, Corn Flour, Salt, Dextrose, Sodium Bicarbonate, Soy Lecithin), MCT Powder (Medium Chain Triglycerides, Nonfat Dry Milk, Disodium Phosphate, Silicon Dioxide), Lecithin, Salt, Cellulose Gum, Sucralose, Acesulfame Potassium, Papain, Bromelain.

CONTAINS: Egg, Milk, Soy, and Wheat.

MANUFACTURED BY: Bio-Engineered Supplements & Nutrition, Inc., 3500 Lacey Road, Suite 1200, Downers Grove, IL 60515 877.673.3727 goBSN.com

Contents sold by weight, not volume.

It's hard to beat SYNTHA-6®. Since 2004, nothing has matched the milkshake-like flavor and creamy texture—until now. Say hello to SYNTHA-6® and COLD STONE CREAMERY™ COOKIE DOUGHN'T YOU WANT SOME®. A decadent combination of French vanilla ice cream, caramel, fudge and cookie dough flavors topped with real chocolate BSN® protein complex. We outdid ourselves, once again.

ULTRA-PREMIUM PROTEIN. ULTRA-PREMIUM TASTE.™

DIRECTIONS: Take 1 scoop with 4-5 fl oz. of cold water or any beverage of your choice. To increase your protein intake per serving and achieve an even more amazing milkshake experience, use non-fat or low-fat milk.

SUGGESTED USE: For healthy adults, consume enough protein to meet your daily protein requirement with a combination of high protein foods and protein supplements throughout the day as part of a balanced diet and exercise program.

Lecithin is a phospholipid complex derived from soybean oil, which is used to promote mixability.

This product has been manufactured by a Good Manufacturing Practices (GMP) facility.

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MADE IN THE USA

This product contains ingredients of international and domestic origin

