

# SUPERIOR PERFORMANCE PROTEIN

Enhanced with More LEUCINE than

Standard Whey Protein

Elevated Muscle Fuel for Muscle Growth

& Recovery\*

Features Only Premium, Ultra-Pure,

Fast-Digesting Protein

Only Whey Hydrolysates and a Clinical Core of

Whey Isolate & Leucine to Improve Strength\*\*

Enhanced with VELOSITOL®

(Amylopectin/Chromium Complex)

& Leucine

To Accelerate Muscle Protein Synthesis\*\*

## USAGE BENEFITS

**For Pre-Workout & Cardio**

Clinically Proven Support for Strength,

Performance & Stamina\*\*

**For Post-Workout & Cardio**

Provides Fast-Digesting Whey Isolate

& Hydrolysates Plus Leucine to Fuel Muscle

& Support Recovery\*\*

**On Non-Training Days & Between Meals**

Provides High-Quality Protein & Critical Amino

Acids to Fuel Muscles while you Recover from

Intense Training\*\*

It's on our labels, then it's in our bag.

Full dosing, full transparency and no proprietary

blends. Clinically studied ingredients backed by

real science. The most effective and premium

performance protein available. Train harder.

◇ EAA = essential amino acids



Products bearing this logo have been tested for banned substances by LGC Science, Inc., a world-class anti-doping lab. Product was tested and monitored for over 285 banned substances on the 2022 World Anti-Doping Agency (WADA) Prohibited List via LGC skip lot testing protocol #1CPO307.

**DIRECTIONS:** As a dietary supplement, consume 2 scoops in 8 fl. oz. of cold water or your favorite beverage. WheyBolic can be consumed first thing in the morning, pre-workout and/or post-workout. For maximum results, reference usage benefits and consume 2 scoops twice daily.

## Supplement Facts

Amount Per Serving		% Daily Value	% Daily Value
Total Fat		1g †	1% †
Saturated Fat		<0.5g	<2% †
Cholesterol		25mg	8% †
Total Carbohydrate		2g	<1% †
Total Sugars		<1g	* †
Includes Added Sugars		0g	0% †
Protein		20g	40% †
Calcium		140mg	11% †
Chromium (as Chromium Picolinate)		125mcg	357% †
Sodium		125mg	5% †
Potassium		80mg	<2% †
-Leucine (from Whey Protein Isolate, L-Leucine & Whey Protein Hydrolysate)		31g	* †
Amylopectin/Chromium Complex		250mg	* †

† Percent Daily Values are based on a 2,000 calorie diet.  
\* Daily Value not established.

**OTHER INGREDIENTS:** Whey Protein Isolate, Whey Protein Hydrolysate and Less than 2%: Acesulfame Potassium, Dimethyl Siloxane, Gum Blend (Cellulose Gum, Xanthan Gum, Carrageenan), Lecithin (Soy and/or Sunflower), Natural & Artificial Flavors, Salt, Silicon Dioxide, Sucralose, Sunflower Creamer (Sunflower Oil, Maltodextrin, Sodium Caseinate [Milk], Mono & Diglycerides, Tocopherols, Tricalcium Phosphate).

**CONTAINS:** Milk and Soy.

Distributed by:

GMC Holdings, LLC

Pittsburgh, PA 15222 USA

Contains a bioengineered food ingredient.

**⚠ WARNING:** Cancer and Reproductive Harm - [www.P65Warnings.ca.gov](http://www.P65Warnings.ca.gov). Consult your physician prior to using this product if you are pregnant, nursing, taking medication or have a medical condition. Discontinue use two weeks prior to surgery.

Gluten Free.

**KEEP OUT OF REACH OF CHILDREN.**

Store in a cool, dry place.

For More Information:

1-888-462-2548

GMC.com

**NOTICE:** Use this product as a food supplement only. Do not use for weight reduction.

Product sold by weight, not volume. Significant product settling may occur.

Velositol® (Amylopectin/Chromium Complex) and its associated logo are trademarks of Nutrition 21, LLC.

\* In an 8-week, randomized, double-blind, placebo-controlled study of 33 healthy men compared the effectiveness of this proprietary mode of whey protein and leucine vs. an isocaloric carbohydrate

placebo consumed before and after resistance training. Subjects consuming the leucine-whey protein supplement showed greater increases in muscle strength than those on the placebo.

† When used in conjunction with an exercise program.

‡ Leucine-whey protein supplementation also increased muscle cross-sectional area from baseline.

§ In an 8-week, randomized, double-blind, placebo-controlled study of 30 healthy male volunteers comparing 1 vs resistance training (RT) + active or carbohydrate placebo to 2 sets RT alone with no supplement, the active group showed equal gains in maximal muscle strength and muscle

endurance compared to the control group.

\* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

