

DIRECTIONS: As a dietary supplement, consume 2 scoops in 8 fl. oz. of cold water or your favorite beverage. WheyBolic™ can be consumed first thing in the morning, pre-workout and/or post-workout. For maximum results, reference usage benefits and consume 2 scoops twice daily.

Supplement Facts

Amount Per Serving	% Daily Value	% Daily Value
Calories	100	200
Saturated Fat	1 g	1%†
Cholesterol	<0.5 g	<2%†
Total Fat	1.5 g	2%†
Total Carbohydrate	20 mg	7%
Total Sugars	3 g	1%†
Includes Added Sugars	<0.5 g	0%†
Protein	20 g	40%†
Calcium	70 mg	5%
Chromium (as Chromium Histridinate & Chromium Picolinate)	125 mcg	35.7%
Sodium	90 mg	4%
Potassium	80 mg	<2%
Leucine (from Whey Protein Isolate, L-Leucine & Whey Protein Hydrolysate)	3.1 g	*
Amylopectin/Chromium Complex	250 mg	*
	500 mg	*

OTHER INGREDIENTS: Whey Protein Isolate, Whey Protein Hydrolysate and Less than 2%: Acesulfame Potassium, Beet Powder (Color), Citric Acid, Dimethyl Siloxane, Gum Blend (Cellulose Gum, Xanthan Gum, Carrageenan), Lecithin (Soy and/or Sunflower), Natural & Artificial Flavors, Salt, Silicon Dioxide, Stearoyl, Sunflower Creamer (Sunflower Oil, Sodium Caseinate [Milk], Mono & Diglycerides), Tocopherols, Tricalcium Phosphate).

CONTAINS: Milk and Soy.
 Disturbed by:
 Pittsburgh, PA 15222 USA
 GMC Holdings, LLC

Contains a bioengineered food ingredient.
⚠ WARNING: Cancer and Reproductive Harm - www.P55warnings.ca.gov. Consult your physician prior to using this product if you are pregnant, nursing, taking medication or have a medical condition. Discontinue use two weeks prior to surgery.

KEEP OUT OF REACH OF CHILDREN.
 Store in a cool, dry place.
 For More Information:
 1-888-462-2548
 gnc.com

NOTICE: Use this product as a food supplement only. Do not use for weight reduction. Product sold by weight, not volume. Significant product settling may occur.
 Vealot® (Amylopectin/Chromium Complex) and its associated logo are trademarks of Nutrition 21, LLC.

■ An 8-week, randomized, double-blind, placebo-controlled study of 33 healthy men compared the effectiveness of this proprietary module of whey protein and leucine vs. an isocaloric carbohydrate placebo consumed before and after resistance training. Subjects consuming the leucine-whey protein supplement experienced greater resistance in muscle strength than those on the placebo. Leucine-whey protein supplementation also increased muscle cross-sectional area from baseline.

~ When used in conjunction with an exercise program.
 ~ In an 8-week, randomized, double-blind, placebo-controlled study of 30 healthy male volunteers comparing 1 set resistance training (RT) + active or carbohydrate placebo to 2 sets RT alone with or without supplementation, the active group showed equal gains in maximal muscle strength and muscle endurance compared to the control group.

SUPERIOR PERFORMANCE PROTEIN

Enhanced with More LEUCINE than Standard Whey Protein

Elevated Muscle Fuel for Muscle Growth & Recovery

Features Only Premium, Ultra-Pure, Fast-Digesting Protein

Only Whey Hydrolysates and a Clinical Core of Whey Isolate & Leucine to Improve Strength

Enhanced with VELOSITOL®

(Amylopectin/Chromium Complex) & Leucine

To Accelerate Muscle Protein Synthesis

USAGE BENEFITS

For Pre-Workout & Cardio

Clinically Proven Support for Strength, Performance & Stamina

For Post-Workout & Cardio

Provides Fast-Digesting Whey Isolate & Hydrolysates Plus Leucine to Fuel Muscle

& Support Recovery

On Non-Training Days & Between Meals

Provides High-Quality Protein & Critical Amino Acids to Fuel Muscles while you Recover from Intense Training

It's on our labels, then it's in our bags. Full dosing, full transparency and no proprietary blends. Clinically studied ingredients backed by real science. The most effective and premium performance protein available. Train harder.

◇ EAA = essential amino acids



Products bearing this logo have been tested for banned substances by Lbc Science, Inc., a world-class anti-doping lab. Product was tested and monitored for over 285 banned substances on the 2022 World Anti-Doping Agency (WADA) Prohibited List via Lbc skip lot testing protocol #ICP0307.

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.