

DIRECTIONS: As a dietary supplement, consume 2 scoops in 8 fl. oz. of cold water or your favorite beverage. MyoTOR® Alpha can be consumed first thing in the morning, pre-workout or post-workout, for maximum results, reference usage benefits and consume 2 scoops twice daily. Do not exceed recommended dose. Consume ample amounts of water while taking this product.

Supplement Facts

Serving Size 1 Scoop (30.05 g) 8 Servings Per Container

Amount Per Serving % Daily Value % Daily Value

Calories	110	220	
Total Fat	0.5 g	1%	2%
Saturated Fat	0.5 g	3%	3%
Cholesterol	10 mg	3%	7%
Dietary Fiber	0 g	0%	4%
Total Sugars	1 g	*	*
Protein	20 g	40%	80%
Calcium	90 mg	7%	14%
Iron	125 mcg	35%	71%
Sodium	140 mg	6%	12%
Potassium	160 mg	3%	7%

L-Leucine (from L-Leucine, Whey Protein Isolate,	3.1 g	6.2 g	*
Hydrolyzed Whey Protein)			
Creatine (as Creatine Monohydrate & CON-CRET®	0.75 g	1.5 g	*
Creatine Hydrochloride)			
Betaine (as Betaine Anhydrous)	0.625 g	1.25 g	*
High Amylopectin Starch (Waxy Maize)	215 mg	430 mg	*
MyoTOR® (Sphaeranthus indicus Flower Head Extract, Mangifera indica Bark Extract)	16.5 mg	325 mg	*
Bromelain	100 mg	200 mg	*
Lactase	100 mg	200 mg	*
Tenso® Blend (Fenugreek Seed Extract)	100 mg	200 mg	*

OTHER INGREDIENTS: Whey Protein Isolate, Hydrolyzed Whey Protein Isolate, Cocoa Powder (Processed with Alkali), Natural & Artificial Flavors, Sunflower Creamer (Sunflower Oil, Malto-Dextrin, Sodium Caseinate, Mono & Diglycerides, Tocopherols, Tricalcium Phosphate), Salt, Gum Blend (Gellan Gum, Xanthan Gum, Carrageenan), Shellac, Sunflower Lecithin, Sucralose, Acesulfame Potassium, Malto-Dextrin, Citric Acid, Guar Gum, Silicon Dioxide, Dicalcium Phosphate.

CONTAINS: Milk.

Distributed by: BMC Holdings, LLC, Pitsburgh, PA 15222 USA

Contains a bioengineered food ingredient.

WARNING: Cancer and Reproductive Harm - www.P65Warnings.ca.gov. Consult your physician prior to using this product if you are pregnant, nursing, under 18 years of age, taking medication or have a medical condition. Discontinue use two weeks prior to surgery.

Gluten Free.

NOTICE: Use this product as a food supplement only. Do not use for weight reduction.

Product sold by weight, not volume. Significant product settling may occur.

KEEP OUT OF REACH OF CHILDREN. Store in a cool, dry place.

For More Information: 1-888-462-2548

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

* Daily Value not established.

INFORMED CHOICE
 BANNED FOR
 TESTED FOR
 SUBSTANCES
 YOU WANT TO AVOID

Product was tested and monitored for over 285 banned substances on the 2022 World Anti-Doping Agency (WADA) Prohibited List via LC skip lot testing.

An 8-week, randomized, double-blind, placebo-controlled study of 33 healthy men compared the effectiveness of this proprietary module of whey protein and leucine vs. an isocaloric carbohydrate supplement. The study showed that those taking MyoTOR® had significant increases in muscle endurance body strength (52.5 lb. vs. 19.4 lb.), mean lower body strength (37.1 lb. vs. 19.2 lb.) and in strength were seen in as early as 2 weeks. Men on MyoTOR® had greater improvements in muscle size, hip and upper body endurance vs. those who took a placebo but exercised twice as much.



CON-CRET®
 REINFORCED™
 HCl is covered by one or more patents:
 www.vitroesystems.com/patents/
 BETAPOWER® is a registered trademark of International Flavors & Fragrances Inc. or its affiliates.
 MyoTOR® is a trademark of P1T Health Solutions - Lala Nutraceuticals, LLC. US Patent #9,907,825 and international patents pending.
 Tesnor® and its associated logo is a trademark of Nutrion Z1, LLC. Velostol® is patent protected.

Enhanced with MyoTOR® for improved strength & stamina**
CLINICALLY PROVEN TO:

- Accelerate results in as early as 2 weeks**
- Improve bench press by 23 lb. and leg extension by 17 lb.**
- Increase muscle endurance**

SUPERIOR PERFORMANCE PROTEIN
 Enhanced with More Leucine & BCAA than Standard Whey Protein

Elevated Muscle Fuel for Muscle Growth & Recovery**

Featuring Clinically Studied **BETAPOWER® + CREATINE, MyoTOR® & TESNOR®**

To Enhance Power, Improve Strength & Stamina and Support Testosterone Levels**

With Only Premium, Ultra-Pure, Fast-Digesting Protein

Only Whey Hydrolysates and a Clinical Core of Whey Isolate & Leucine to Improve Strength**

If it's on our labels, then it's in our bags. Full dosing, full transparency and no proprietary blends. Clinically studied ingredients backed by real science. The most effective and premium performance protein available.

Get power. Be alpha.

♦EAA = essential amino acids



K-Seal 25"

25" Seal