

## Supplement Facts

Serving size 1 stick (8g) Servings per container: approx.5

	Amount per serving	% Daily Value
Calories	25	
Total fat	0g	0%
Total Carbohydrates	6.6g	2%
Total Sugars	6.6g	
Includes 0.6g added sugar		13%
Total Protein	0g	
Shilajit resin	400mg	†
Saffron	2mg	†

† Daily Value not established.

Ingredients: Honey, Shilajit Resin, Saffron

### Imported & Marketed by:

Azuretale Inc.  
525 ROUTE 73 N STE 104, MARLTON, NEW JERSEY,  
UNITED STATES; 08053

### Manufactured by:

Amaara Ayurveda  
Plot No. 64, Sector-6, IMT Manesar,  
Gurgaon, Haryana-122050  
Mfg lic no. 1387-ISM-HR

### Suggested Use:

Tear 1 stick, eat directly OR  
tear 1 stick and add to  
your favorite beverage, mix and drink.

**Storage Instructions:** Store in a warm & dry  
place. Do not freeze. Do not buy if the seal is  
tampered. Keep the lid/packet always closed.

**Disclaimer:** Consult your medical practitioner  
before using the product if you are pregnant,  
nursing or have a medical condition. Side effects  
from this supplement are very rare but discontinue  
use if any. Keep away from reach of children. Do  
not exceed daily recommended limit.

Recommended for 18 years and above. Honey  
naturally tends to crystallize, which is a sign of  
its purity. If crystallized, simply place the stick  
in warm water to restore it to its original liquid  
state.

NOT TO BE SOLD LOOSE.

\*These statements have not been evaluated by the  
Food and Drug Administration. It is not intended  
to diagnose, treat, cure, or prevent any disease

### For any feedback or query:

Write to us at: [support@thebetteralt.com](mailto:support@thebetteralt.com) or  
call us on: +1 (844) 590-0036

[thebetteralt.com](http://thebetteralt.com) [@betteraltusa](https://www.instagram.com/betteraltusa) [fb: betteralt](https://www.facebook.com/betteralt)

Net quantity: 5N

For batch number, MFG date, expiry date please  
see at the bottom.



Gluten  
Free



No artificial  
colors

# BetterAlt®

## HIMALAYAN SHILAJIT HONEY STICKS



Fulvic  
Acid\*



Organic  
Honey\*

On The Go Energy\*

Net quantity: 5N

Dietary Supplement

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