

# Supplement Facts

Serving size: 1 stick (8g)

Servings per container: 30

	Amount per serving	% Daily Value
Calories	25	
Total Fat	0g	0%
Saturated Fat	0g	0%
Cholesterol	0mg	0%
Sodium	8mg	0%
Total Carbohydrates	6.6g	2%
Total Sugar	6.6g	
Includes 6.6g of added sugar		13%
Protein	0g	
Shilajit Resin	300mg	†
Shatavari Extract	80mg	†
Saffron	2mg	†

% Daily value are based on 2000 calorie diet.

† % daily value not established.

**Ingredients:** Honey, Shilajit Resin, Shatavari Extract, Saffron, Nature Identical Flavor (Strawberry).

**6.6g added sugar is from pure organic multiflora honey.**

**Imported & Marketed by:**  
Azuretale Inc.  
525 ROUTE 73 N STE 104, MARLTON,  
NEW JERSEY, UNITED STATES: 08053

**Manufactured by:**  
Amdara Botanicals Pvt. Ltd.  
Plot No. 64, Sector 6, IMT Manesar,  
Gurugram, Haryana 122052  
Mfg. Lic. No. 1483-ISM(HR)



Gluten Free



No artificial colors



Tear 1 stick, eat directly.

OR



Tear 1 stick. Add to your favorite beverage, mix and drink directly.



Made with love in India



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# BetterAlt®

## SHE-LAJIT HONEY STICKS



Himalayan Shilajit\*



Organic Honey\*

**Balance And Energize\***

**STRAWBERRY FLAVOR**

**Net quantity: 30 sticks**

**Dietary Supplement**

### What is She-lajit Honey Sticks?

In the serene mountains of ancient India the power of Shilajit was discovered. The combination of this mineral-rich ingredient with Shatavari and the sweet nectar of honey, made a unique sacred remedy for women. Savor one stick a day to balance your feminine energy and energize your body from within.

**Suggested Use:** Tear 1 stick, eat directly OR tear 1 stick and add to your favorite beverage, mix and drink.

**Storage Instructions:** Store in a cool & dry place. Do not freeze. Do not buy if the seal is tampered. Keep the lid/packet always closed.

**Disclaimer:** Consult your medical practitioner before using the product if you are pregnant, nursing or have a medical condition. Side effects from this supplement are very rare but discontinue use if any. Keep away from reach of children. Do not exceed daily recommended limit. Recommended for 18 years and above- NOT TO BE SOLD LOOSE. Honey naturally tends to crystallize, which is a sign of its purity. If crystallized, simply place the stick in warm water to restore it to its original liquid state.

**\* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease**

**For any feedback or query:**

Write to us at: [support@thebetteralt.com](mailto:support@thebetteralt.com) or call us on: +1 (844) 590-0036

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**Net quantity: 30 sticks**

**For Batch number, MFG. date, Expiry date please see at the bottom.**

# Images are for illustration purposes only.