

⚠ WARNING: Cancer and Reproductive Harm - www.P65Warnings.ca.gov
Consult your physician prior to using this product if you are pregnant, nursing, taking medication, or have a medical condition. Discontinue use two weeks prior to surgery. Inform your physician of this product's biotin content before any lab test. Niacin may cause a temporary flushing reaction. No Artificial Colors, No Artificial Flavors, Gluten Free, No Milk.

KEEP OUT OF REACH OF CHILDREN.
Store in a cool, dry place.
For More Information:
1-877-462-4700
GNC.com



GNC WOMEN'S

50 plus

one daily

Multivitamin

Overall Wellness & Immune Support*

Bone Health*

Healthy Aging*

Dietary Supplement

60 Caplets 60-Day Supply

New Look

Same Great Formula

CODE 179744

DIRECTIONS: As a dietary supplement, take one caplet daily with food.

Supplement Facts

Serving Size One Caplet

Amount Per Serving	% Daily Value
Vitamin A (as Retinyl Acetate).....	1050 mcg.....117%
Vitamin C (as Ascorbic Acid).....	150 mg.....167%
Vitamin D (as Cholecalciferol).....	30 mcg (1200 IU).....150%
Vitamin E.....	23.5 mg.....157%
(as d-alpha Tocopheryl Succinate)	
Vitamin K (as Phytonadione).....	60 mcg.....50%
Thiamin.....	4.95 mg.....413%
(Vitamin B-1)(as Thiamin Mononitrate)	
Riboflavin (Vitamin B-2).....	3.74 mg.....288%
Niacin (as Niacinamide).....	22 mg.....138%
Vitamin B-6.....	6.6 mg.....388%
(as Pyridoxine Hydrochloride)	
Folate.....	1020 mcg DFE.....255%
(600 mcg Folic Acid)	
Vitamin B-12 (as Cyanocobalamin).....	110 mcg.....4583%
Biotin.....	300 mcg.....1000%
Pantothenic Acid.....	16.5 mg.....330%
(as Calcium d-Pantothenate)	
Calcium (as Calcium Carbonate).....	500 mg.....38%
Dicalcium Phosphate & Calcium d-Pantothenate)	
Iron (as Ferrous Fumarate).....	8 mg.....44%

Amount Per Serving	% Daily Value
Iodine (as Potassium Iodide).....	150 mcg.....100%
Magnesium (as Magnesium Oxide).....	50 mg.....12%
Zinc (as Zinc Oxide).....	30 mg.....273%
Selenium (as L-Selenomethionine).....	70 mcg.....127%
Copper (as Copper Oxide).....	2 mg.....222%
Manganese (as Manganese Sulfate).....	2 mg.....87%
Chromium (as Chromium Chloride).....	200 mcg.....571%
Molybdenum (as Sodium Molybdate).....	75 mcg.....167%
Chloride (as Potassium Chloride).....	72 mg.....3%
Potassium (as Potassium Chloride).....	80 mg.....2%

Cranberry.....	10 mg.....*
(Vaccinium macrocarpon) Fruit Extract	
Ginkgo (Ginkgo biloba) Leaf Extract.....	10 mg.....*
Collagen (as Bovine Collagen Hydrolysate).....	5 mg.....*
Phosphatidylserine.....	2.5 mg.....*
Inositol.....	2.5 mg.....*
Silica (as Silicon Dioxide).....	2 mg.....*
Lutein (from Marigold.....	1 mg.....*
[Tagetes erecta] Flower Extract)	
Zeaxanthin (as Zeaxanthin Isomers.....	200 mcg.....*
from Marigold [Tagetes erecta] Flower Extract)	
Boron (as Boron Amino Acid Chelate).....	150 mcg.....*
Vanadium (as Sodium Metavanadate).....	10 mcg.....*

* Daily Value not established.

OTHER INGREDIENTS: Cellulose, Corn Starch, Stearic Acid Vegetable Source, Croscarmellose Sodium, Magnesium Stearate Vegetable Source, Choline Bitartrate, Medium Chain Triglycerides, Natural Cool Vanilla Flavor, Steviol Glycosides. **CONTAINS: Soybeans.**

Distributed by: GNC Holdings, LLC, Pittsburgh, PA 15222 USA

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Lot No. / BEST if Used By:

DB6-7589

