

No Artificial Flavors,
Gluten Free.

KEEP OUT OF
REACH OF
CHILDREN.

Store in a cool,
dry place.

For More Information:
1-888-462-2548
GNC.com



GNC
WOMEN'S

One Daily Multivitamin

50 PLUS

Specially formulated for overall
wellness & healthy aging*



DIETARY SUPPLEMENT

60 CAPLETS/60-DAY SUPPLY

* This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

CODE 179763

DIRECTIONS: As a dietary supplement, take one caplet daily with food.

Supplement Facts

Serving Size One Caplet

Amount Per Serving	% Daily Value
Vitamin A (as Retinyl Acetate).....	1050 mcg RAE 117%
Vitamin C (as Ascorbic Acid).....	150 mg 167%
Vitamin D (as Cholecalciferol).....	30 mcg 150%
Vitamin E (as d-alpha Tocopheryl Succinate).....	23.5 mg 157%
Vitamin K (as Phytonadione).....	60 mcg 50%
Thiamin (Vitamin B-1).....	4.95 mg 413%
(as Thiamin Mononitrate)	
Riboflavin (Vitamin B-2).....	3.74 mg 288%
Niacin (as Niacinamide).....	22 mg 138%
Vitamin B-6 (as Pyridoxine Hydrochloride).....	6.6 mg 388%
Folate.....	1020 mcg DFE 255%
(600 mcg Folic Acid)	
Vitamin B-12 (as Cyanocobalamin).....	110 mcg 4583%
Biotin.....	300 mcg 1000%
Pantothenic Acid (as Calcium d-Pantothenate).....	16.5 mg 330%
Calcium (as Calcium Carbonate,.....	500 mg 38%
Dicalcium Phosphate & Calcium D-Pantothenate)	
Iron (as Ferrous Fumarate).....	8 mg 44%
Iodine (as Potassium Iodide).....	150 mcg 100%
Magnesium (as Magnesium Oxide).....	50 mg 12%

Amount Per Serving	% Daily Value
Zinc (as Zinc Oxide).....	30 mg 273%
Selenium (as L-Selenomethionine).....	70 mcg 127%
Copper (as Cupric Oxide).....	2 mg 222%
Manganese (as Manganese Sulfate).....	2 mg 87%
Chromium (as Chromium Chloride).....	200 mcg 571%
Molybdenum (as Sodium Molybdate).....	75 mcg 167%
Chloride (as Potassium Chloride).....	72 mg 3%
Potassium (as Potassium Chloride).....	80 mg 2%
Cranberry (Vaccinium macrocarpon) Fruit Extract.....	10 mg *
Ginkgo biloba Leaf Extract.....	10 mg *
Bovine Collagen Hydrolysate.....	5 mg *
Phosphatidylserine.....	2.5 mg *
Inositol.....	2.5 mg *
Silica (as Silicon Dioxide).....	2 mg *
Lutein.....	1 mg *
(from Marigold [Tagetes erecta] Flower Extract)	
Zeaxanthin (as Zeaxanthin Isomers.....	200 mcg *
from Marigold [Tagetes erecta] Flower Extract)	
Boron (as Boron Chelate).....	150 mcg *
Vanadium (as Sodium Metavanadate).....	10 mcg *

* Daily Value not established.

OTHER INGREDIENTS: Maltodextrin, Microcrystalline Cellulose and Less than 2%: Acacia Gum, Caramel (Color), Choline DL-Bitartrate, Corn Starch, Crosscarmellose Sodium, Glucose Syrup, Gum Arabic, Hydroxypropyl Methylcellulose, Hydroxypropylcellulose, Magnesium Carbonate, Magnesium Stearate, Medium Chain Triglycerides, Mixed Tocopherols, Modified Starch, Natural Vanilla Flavor, Polydextrose, Polyethylene Glycol, Rice Flour, Sodium Ascorbate, Stearic Acid, Stevia Leaf Extract, Sugar, Titanium Dioxide (Mineral Whitener), Tricalcium Phosphate.

Distributed by: GNC Holdings, LLC, Pittsburgh, PA 15222 USA

Contains a bioengineered food ingredient.

⚠ WARNING: Cancer and Reproductive Harm - www.P65Warnings.ca.gov. Consult your physician prior to using this product if you are pregnant, nursing, taking medication or have a medical condition. Discontinue use two weeks prior to surgery. Inform your physician of this product's biotin content before any lab test. Niacin may cause a temporary flushing reaction.

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.

Lot No./Best By:

FZG-7589

