

KEEP OUT OF REACH OF CHILDREN.

Store in a cool, dry place.

For More Information:

1-888-462-2548

GNC.com

See carton for related information.



**GNC**

**MEGA MEN<sup>®</sup>**

**Prostate & Virility**

Dietary Supplement

CLINICALLY STUDIED MULTIVITAMIN BLEND\*

- With 40 mcg (1600 IU) of vitamin D-3 for colon health & immune support\*

Timed-Release

90 CAPLETS  
45-DAY SUPPLY



CLINICALLY STUDIED\*

\* This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

CODE 54510

DIRECTIONS: As a dietary supplement, take two caplets daily with food.

**Supplement Facts**

Serving Size Two Caplets  
Servings Per Container 45

Amount Per Serving	% Daily Value
Vitamin A.....	1500 mcg..... 167%
(50% as beta-Carotene, 50% as Acetate)	
Vitamin C.....	300 mg..... 333%
(as Ascorbic Acid & Calcium Ascorbate)	
Vitamin D.....	40 mcg (1600IU)..... 200%
(as Cholecalciferol D-3)	
Vitamin E.....	22.1 mg..... 147%
(as Natural d-alpha Tocopheryl Acetate)	
Vitamin K (as Phytonadione).....	80 mcg..... 67%
Thiamin (Vitamin B-1).....	50 mg..... 4167%
(as Thiamin Mononitrate)	
Riboflavin (Vitamin B-2).....	50 mg..... 3846%
Niacin.....	50 mg..... 313%
(as Niacinimide & Niacin)	
Vitamin B-6.....	50 mg..... 2941%
(as Pyridoxine Hydrochloride)	
Folate.....	667 mcg DFE..... 167%
(400 mcg Folic Acid)	
Vitamin B-12.....	50 mcg..... 2083%

Amount Per Serving	% Daily Value
(as Cyanocobalamin)	
Biotin.....	300 mcg..... 1000%
Pantothenic Acid.....	50 mg..... 1000%
(as Calcium d-Pantothenate)	
Choline (as Choline Bitartrate).....	10 mg..... 2%
Calcium.....	200 mg..... 15%
(as Calcium Carbonate & Dicalcium Phosphate)	
Iodine (as Potassium Iodide).....	150 mcg..... 100%
Magnesium (as Magnesium Oxide).....	100 mg..... 24%
Zinc (as Zinc Oxide).....	25 mg..... 227%
Selenium.....	200 mcg..... 364%
(as L-Selenomethionine)	
Copper (as Cupric Oxide).....	2 mg..... 222%
Manganese.....	2 mg..... 87%
(as Manganese Sulfate)	
Chromium.....	120 mcg..... 363%
(as Hydrolyzed Protein Chelate)	
Molybdenum.....	75 mcg..... 167%
(as Sodium Molybdate)	
Saw Palmetto Berries.....	100 mg..... *
(Serenoa repens)	
Pumpkin Seed Meal.....	60 mg..... *
(Cucurbita spp.)	

Amount Per Serving	% Daily Value
Yohimbe Bark Extract.....	50 mg..... *
(Pausinystalia yohimbe)(2% Yohimbine Alkaloids = 1 mg)	
alpha-Lipoic Acid.....	25 mg..... *
Horny Goat Weed Powder.....	20 mg..... *
(Epimedium sagittatum)	
Maca Root Powder.....	20 mg..... *
(Lepidium meyenii)	
L-Arginine.....	10 mg..... *
(as L-Arginine Hydrochloride)	
Inositol.....	10 mg..... *
Silica (as Silicon Dioxide).....	4 mg..... *
Boron.....	2 mg..... *
(as Hydrolyzed Protein Chelate)	
Lutein.....	950 mcg..... *
Lycopene.....	950 mcg..... *
Zeaxanthin.....	190 mcg..... *
(as Zeaxanthin Isomers)	
Astaxanthin.....	50 mcg..... *
(from Haematococcus pluvialis)	
Vanadium.....	10 mcg..... *
(as Sodium Metavanadate)	

\*Daily Value not established.

OTHER INGREDIENTS: Microcrystalline Cellulose, Hydroxypropylcellulose, Hydroxypropyl Methylcellulose, Stearic Acid Vegetable Source, Magnesium Stearate Vegetable Source, Ethyl Vanillin, Titanium Dioxide (Mineral Whitener), Caramel Color, Polyethylene Glycol, Talc. **CONTAINS: Soybeans, Fish (Anchovy, Mackerel, Pollock, Sardine, Smelt, Salmon, Tuna, Cod or a Combination Thereof). Distributed by: GNC Holdings, LLC, Pittsburgh, PA 15222 USA. Contains a bioengineered food ingredient. WARNING: Do not exceed recommended daily intake. Use only as directed. Consult your physician prior to using this product if you are pregnant, nursing, taking medication or have a medical condition. Discontinue use two weeks prior to surgery. Inform your physician of this product's biotin content before any lab test. Niacin may cause a temporary flushing reaction.**

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