

DIRECTIONS: As a dietary supplement, take two caplets daily with food.

Supplement Facts

Serving Size Two Caplets

Servings Per Container 45

Amount Per Serving	% Daily Value
Vitamin A (50% as beta-Carotene & 50% as Retinyl Acetate)	1500 mcg RAE... 167%
Vitamin C (as Ascorbic Acid & Calcium Ascorbate)	300 mg... 333%
Vitamin D (as Cholecalciferol)	50 mcg... 250%
Vitamin E (as d-alpha Tocopheryl Acetate)	20.1 mg... 134%
Vitamin K (as Phytonadione)	80 mcg... 67%
Thiamin (Vitamin B-1)(as Thiamin Mononitrate)	50 mg... 4167%
Riboflavin (Vitamin B-2)	50 mg... 3846%
Niacin (as Niacinamide & Niacin)	50 mg... 313%
Vitamin B-6 (as Pyridoxine Hydrochloride)	50 mg... 2941%
Folate	680 mcg DFE... 170%
	(400 mcg Folic Acid)
Vitamin B-12 (as Cyanocobalamin)	50 mcg... 2083%
Biotin	300 mcg... 1000%
Pantothenic Acid (as Calcium d-Pantothenate)	50 mg... 1000%
Choline (as Choline Bitartrate)	10 mg... 2%
Calcium (as Calcium Carbonate, Dicalcium Phosphate, Calcium d-Pantothenate & Calcium Ascorbate)	400 mg... 31%
Iron (as Ferrous Fumarate)	18 mg... 100%
Iodine (as Potassium Iodide)	150 mcg... 100%
Magnesium (as Magnesium Oxide)	50 mg... 12%
Zinc (as Zinc Oxide)	15 mg... 136%
Selenium (as L-Selenomethionine)	200 mcg... 364%
Copper (as Copper Sulfate)	2 mg... 222%
Manganese (as Manganese Sulfate)	2 mg... 87%
Chromium (as Chromium Chloride)	120 mcg... 343%
Molybdenum (as Sodium Molybdate)	75 mcg... 167%
Cranberry (<i>Vaccinium macrocarpon</i>) Fruit Juice Concentrate	50 mg... *
alpha-Lipoic Acid	25 mg... *
Fruit & Vegetable Blend	15 mg ... *
Orange Fruit Powder, Açai Fruit Powder, Cranberry Fruit Powder, Blueberry Fruit Powder, Pomegranate Fruit Powder, Strawberry Fruit Powder, Hawthorn Berry Powder, Elderberry Fruit Powder, Grape Fruit Powder, Tomato Fruit Powder, Carrot Root Powder, Papaya Fruit Powder, Pineapple Fruit Powder, Cauliflower Flower Powder, Pumpkin Seed Powder, Apple Fruit Powder, Beet Root Powder	
Silica (as Silicon Dioxide)	5 mg... *
Lutein (from Marigold [<i>Tagetes erecta</i>] Flower Extract)	2 mg... *
Boron (as Sodium Borate)	2 mg... *
Lycopene	1 mg... *
Zeaxanthin (as Zeaxanthin Isomers)	400 mcg... *
from Marigold [<i>Tagetes erecta</i>] Flower Extract)	
Astaxanthin (from <i>Haematococcus pluvialis</i>)	50 mcg... *
Vanadium (as Sodium Metavanadate)	10 mcg... *

* Daily Value not established.

OTHER INGREDIENTS: Cellulose, Corn Starch, Stearic Acid Vegetable Source, Polyvinyl Alcohol, Magnesium Stearate Vegetable Source, Polyethylene Glycol, Titanium Dioxide (Mineral Whitener), Talc, Riboflavin (Color), Spirulina Extract (Color), Natural Cool Vanilla Flavor, Steviol Glycosides.

Distributed by:

GNC Holdings, LLC

Pittsburgh, PA 15222 USA

Contains a bioengineered food ingredient.