

**⚠ WARNING:** Cancer and Reproductive Harm – www.P65Warnings.ca.gov.  
Consult your physician prior to using this product if you are pregnant, nursing, taking medication or have a medical condition. Discontinue use two weeks prior to surgery. Inform your physician of this product's biotin content before any lab test. Niacin may cause a temporary flushing reaction.

No Artificial Flavors, Gluten Free, No Milk.

**KEEP OUT OF REACH OF CHILDREN.**

Store in a cool, dry place.

For More Information:

1-888-462-2548

GNC.com



GLUTEN  
FREE

**GNC**  
WOMEN'S

# Multivitamin

ULTRA MEGA

WITHOUT IRON

Living well starts here.

Start your nutrition regimen with the multivitamin blend that's designed for women and provides support for your overall health.\*

✔ **Clinically Studied Multivitamin Blend**

Contains a clinically studied multivitamin blend shown to work better than a basic multivitamin<sup>^</sup>

✔ **Immune Support**

Supports immune health with 30% more absorption of key immune and oxidative defense nutrients<sup>^\*</sup>

✔ **Brain Health**

Has choline to support memory function, plus inositol for additional brain and nerve support\*

✔ **Beauty**

Includes biotin to support healthy hair, skin and nails, as well as ingredients to support skin hydration – plus it's packed with antioxidants to help protect against free radicals\*

\* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

**GNC**  
WOMEN'S

# Multivitamin

ULTRA MEGA

WITHOUT IRON

Support for overall health & wellness\*  
Clinically proven to make you feel better<sup>^</sup>  
Timed-release



**DIETARY SUPPLEMENT 180 CAPLETS/90-DAY SUPPLY**

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JZG-333

CODE 202621

**DIRECTIONS:** As a dietary supplement, take two caplets daily with food.

## Supplement Facts

Serving Size Two Caplets/Servings Per Container 90

Amount Per Serving		% Daily Value
Vitamin A (50% as beta-Carotene & 50% as Retinyl Acetate)	1500 mcg RAE	167%
Vitamin C (as Ascorbic Acid & Calcium Ascorbate)	300 mg	333%
Vitamin D (as Cholecalciferol)	50 mcg (2000 IU)	250%
Vitamin E (as Natural d-alpha Tocopheryl Acetate)	201 mg	134%
Vitamin K (as Phytonadione)	80 mcg	67%
Thiamin (Vitamin B-1)(as Thiamin Mononitrate)	50 mg	4167%
Riboflavin (Vitamin B-2)	50 mg	3846%
Niacin (as Niacinamide & Niacin)	50 mg	313%
Vitamin B-6 (as Pyridoxine Hydrochloride)	50 mg	2941%
Folate	680 mcg DFE (400 mcg Folic Acid)	170%
Vitamin B-12 (as Cyanocobalamin)	50 mcg	2083%
Biotin	300 mcg	1000%
Pantothenic Acid (as Calcium d-Pantothenate)	50 mg	1000%
Choline (as Choline Bitartrate)	10 mg	2%
Calcium (as Calcium Carbonate, Calcium d-Pantothenate, Dicalcium Phosphate & Calcium Ascorbate)	400 mg	31%
Iodine (as Potassium Iodide)	150 mcg	100%
Magnesium (as Magnesium Oxide)	63 mg	15%
Zinc (as Zinc Oxide)	15 mg	136%
Selenium (as L-Selenomethionine)	200 mcg	364%
Copper (as Copper Sulfate)	2 mg	222%
Manganese (as Manganese Sulfate)	2 mg	87%
Chromium (as Chromium Chloride)	120 mcg	343%
Molybdenum (as Sodium Molybdate)	75 mcg	167%
Cranberry ( <i>Vaccinium macrocarpon</i> ) Fruit Juice Concentrate	50 mg	*
alpha-Lipoic Acid	25 mg	*
Inositol	10 mg	*
Silica (as Silicon Dioxide)	5 mg	*
Boron (as Sodium Borate)	2 mg	*
Lutein (from Marigold [ <i>Tagetes erecta</i> ] Flower Extract)	1 mg	*
Lycopene	1 mg	*
Zeaxanthin (as Zeaxanthin Isomers from Marigold [ <i>Tagetes erecta</i> ] Flower Extract)	400 mcg	*
Astaxanthin (from <i>Haemotococcus pluvialis</i> )	50 mcg	*
Vanadium (as Sodium Metavanadate)	10 mcg	*

\* Daily Value not established.

**OTHER INGREDIENTS:** Cellulose, Stearic Acid Vegetable Source, Corn Starch, Magnesium Stearate Vegetable Source, Titanium Dioxide (Mineral Whitener), Polyethylene Glycol, Talc, Natural Vanilla Mint Flavor, Chlorophyllin (Color), Steviol Glycosides.  
**CONTAINS: Soybeans and Fish (Anchovy, Mackerel, Sardine, Smelt, Whiting, Pollock, Salmon, Tuna, Cod or a Combination Thereof).**

Distributed by: GNC Holdings, LLC, Pittsburgh, PA 15222 USA

Contains a bioengineered food ingredient.